Dear Colleagues,

The contest was such a success last Fall I decided to do it again this Fall. The more therapists enter, the more prizes I will give out. You can keep track of what’s going on with the drawing on the PERG Facebook page.

Good luck!

Nancy Toner Weinberger
Nancy Toner Weinberger, Publisher

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**Win a $150 Voucher towards a CE class advertised in this issue of the PERG!**

**Who may enter:**
Anyone with an active license to practice massage in North Carolina, South Carolina, Tennessee, or Georgia.

**How to enter:**
I need 3 items: your name as it appears on your license, the state you are licensed in and your phone number. Incomplete entries will be discarded and will not be entered in the drawing. This information will only be used for the drawing, and will be responsibly discarded after the drawing is over. Only one entry per person, please. Dynamic Equilibrium is not responsible for entries that are not received, or not received on time.

**There are three ways to enter:**
1. Like PERGCe on Facebook and then message PERG in a private message on Facebook with the entry information.
2. Email PERGCemassage@gmail.com with the entry information.
3. Mail your clearly printed or typed entry information on a plain 8½x11 piece of white paper to:
   PERG Drawing
   Dynamic Equilibrium
   309 Oakwood Court
   Youngsville, NC 27596
   Do not put any other information or marks on the paper.

**Pertinent information:**
Entries will be accepted up to August 31, 2014. The drawing will be held September 1, 2014. Up to 3 prizes will be awarded; one prize will be offered for each 100 entries, up to a maximum of 3 prizes for 300 or more entries. The grand prize of $150 is guaranteed to be awarded; the two additional prizes are $100 each.

Vouchers are retroactive in the form of a check paid directly to you with proof of completion of a course advertised in this issue of the PERG, or the voucher can be paid directly to the continuing education provider on your behalf if you have not yet registered or paid for a course at the time of the drawing. Each voucher must be claimed and used in its entirety before January 1, 2015.

Each entry will be printed on a plain 8½x11 piece of white paper, crumpled, and mixed in a container sufficient to hold all entries. A blindfolded person who is not employed by Dynamic Equilibrium and is not a massage therapist will randomly select the winners from all of the entries. The drawing will be videotaped and posted on the PERG Facebook page.

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**About the PERG**

The Professional Education & Resource Guide is an easy reference for continuing education opportunities for massage therapists and bodyworkers.

The PERG offers a variety of ways to select courses that meet your continuing education needs. Browse the pages of advertisements to discover opportunities to enhance your skills and explore new and exciting theories and approaches. Or look up the dates you are available to take classes in the index at the back of the guide and choose from among those listings.

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**NEXT ISSUE FEBRUARY 2016**

The Tennessee Edition of the PERG is mailed free of charge to licensed massage therapists and bodyworkers, so keep your address up to date with your state massage board to ensure you receive each and every copy.

The Professional Education & Resource Guide is published twice per year in North Carolina and South Carolina. It is also published less frequently in Georgia and Tennessee.

At www.PERG-CEMassage.com you can view all the current editions of the PERG in flip-book form, as well as a chronological list of advertised classes with links to webpage descriptions and email contact information.
Classes in Knoxville, TN. (CE hours)
July 21, 2014, TN Massage Law and Documentation (4)
August 9-10, 2014, Touch for Health 1 (15)
August 12-13, 2014, Manual Lymph Drainage - Tonsil and Legs (13)
August 18, 2014, Neck Anatomy and Technique (6)
August 20, 2014, Eutony and Feldenkrais for Self Care - 1 Day Workshop (6)
August 26, 2014, Intro to Sports Massage (6)
August 28, 2014, Music Anatomy & Dysfunction (3)
October 2, 2014, TN Law & Ethics (4)
October 7, 2014, Better Body Mechanics (6)
October 10, 2014, Sports Massage - Running, Tennis, and Golf (6)
October 14, 2014, Self Care and Massage Tools (3)
November 1, 2014, TN Law, Forearms, and Elbows (6)
November 2, 2014, Sports Massage - Running, Tennis, and Golf (6)
November 3, 2014, Arm Techniques for CTS and TOS (6)
November 4, 2014, Chinese Facial Massage (7)
November 4, 2014, Massage Marketing on a Budget (3)
November 5, 2014, Peripheral Nervous System & Dysfunction (3)
December 1, 2014, TN Law & Ethics (4)
December 12, 2014, TN Massage Law and Documentation (4)

Classes at Massage Institute of Cleveland, Cleveland, TN. (CE hours)
July 18, 2014, TN Massage Law and Documentation (4)
July 19, 2014, Acupressure for Stress (8)
September 12, 2014, TN Massage Law and Documentation (4)
September 13, 2014, Positional Release & Muscle Energy Technique – Lower Body (8)
December 12, 2014, TN Massage Law and Documentation (4)
December 13, 2014, Positional Release & Muscle Energy Technique – Upper Body (8)

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901-726-4665

NCBTMB Provider #450486-07 TN Massage Licensure Board Course# TN011413-11
Let yourself out of the box!
Let your work become play, and gain longevity in your bodywork career. Discover this light, free way of working that melts away client pain and tension.

**Freedom Bodywork® Level 1: Front of the body**
August 22-24*  
Miller-Motte College, Wilmington, NC
September 12-14  
Marriott Courtyard Atlanta, Tucker, GA
September 19-21  
TMO Education Center, Raleigh, NC

**Freedom Bodywork® Level 1: Back of the body**
August 15-17  
Asheville School of Massage & Yoga
September 26-28  
NC Massage School, Charlotte, NC

Tuition: $420 each 3-day class. (21 CE) Discounted tuition for taking both classes in one year.  
* FREE Ethics offered with this class.

**Freedom Bodywork® Level 2: November 15 & 16**  
TMO Education Center, Raleigh, NC  
14 CE Hours; Tuition: $280

**INSTRUCTOR:** Nancy Toner Weinberger, bodyworker of 38 years, is an accomplished Trager® practitioner who trained directly with Dr. Milton Trager. She has a strong and varied background in massage, energy work, and mind/body health concepts. Known for her down-to-earth, easygoing, practical teaching style, she has been teaching adult learners for more than 30 years. Approved Provider # 410519-00

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The Level 1 class is a pre-requisite for all other classes. After taking Level 1 we recommend you take the classes in numerical order. However, you can take Levels 2 through 5 in any sequence you desire. Level 6 must be the final class taken in this series.

**Level 1** . . . Introduction to The Aromatic World

**Level 2** . . . Aromatherapy: Its Impact on The Systems of the Body (pre-requisite: Level 1)

**Level 3** . . . Emotions, Mind, Mood, Personality, Spirituality (pre-requisite: Level 1)

**Level 4** . . . Blending, the Chemistry Of It All (pre-requisite: Level 1)

**Level 5** . . . Strength, Length, Nature of Treatment: Methods of Application (pre-requisite: Level 1)

**Level 6** . . . Deepening The Level of Understanding & Professionalism (pre-requisite: Levels 1-5)

Each 2 day class offers 14 CE’s to Licensed Massage & Bodywork Therapists through NCBTMB (#280770-00). Conducting ongoing classes — to receive a brochure or to register please visit our website at www.LovingScents.com or call us at 336-294-7727.

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**UPCOMING CLASSES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Level</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>September 27-28</td>
<td>Level 2</td>
<td>Greensboro, NC</td>
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<tr>
<td>October 4-5</td>
<td>Level 1</td>
<td>Greensboro, NC</td>
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<tr>
<td>October 18-19</td>
<td>Level 5</td>
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<td>November 22-23</td>
<td>Level 3</td>
<td>Greensboro, NC</td>
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<tr>
<td>December 6-7</td>
<td>Level 6</td>
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</table>

Please see our website: www.LovingScents.com for more information.

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**ASHEVILLE SCHOOL OF MASSAGE & YOGA**

707 Haywood Road, Suite#001, Asheville, NC 28806

CE Approved Provider # 450444-07

**2014 FALL CE COURSES**

<table>
<thead>
<tr>
<th>Course Description</th>
<th>CE Hours</th>
<th>Instructor(s)</th>
<th>Location</th>
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<tbody>
<tr>
<td>Professional Ethics for Bodyworkers – Pripo Teplitsky</td>
<td>3</td>
<td>3 CE hrs. July 8 or Aug 26</td>
<td>Asheville, NC</td>
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<td>$55</td>
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<tr>
<td>Freedom Bodywork* – Nancy Topan Weinerberger</td>
<td>21</td>
<td>21 CE hrs. Aug. 15-17</td>
<td>Asheville, NC</td>
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<td>Massage &amp; Yoga for the Cyclist &amp; Runner – Bettina Freese</td>
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<td>Medi-Cupping™ – Annie Garie – 22 CE hrs. Oct. 24-26</td>
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For more information on these courses and others visit: www.ashevillemassageschool.org 828-252-7377

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**LovingScents**

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- **“The Meridian Connection”**
  - Atlanta: Aug. 22 – 7 CE hrs
  - Savannah: Sept. 26 – 7 CE hrs

- **“Muscle Testing for Massage Therapists: Touch for Health Kinesiology”**
  - Suwanee: Aug. 23-24 – 15 CE hrs

- **“Integrative Energy Bodywork”**
  - Savannah: Sept. 27-28 – 14 CE hrs

### TENNESSEE

- **“The Meridian Connection”**
  - Knoxville: Sept. 12 – 7 CE hrs
  - Brentwood: Nov. 17 – 7 CE hrs

- **“Introduction to Craniosacral Therapy”**
  - Knoxville: Sept. 13-14 – 12 CE hrs

- **“Unlocking the Breath: A Polarity Approach to Structural Bodywork”**
  - Brentwood: Nov. 15-16 – 14 CE hrs

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- Intensive professional LET training with 12 hours NCBTMB classroom credits.
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This one-day intensive workshop gives you a hands on introduction and basic techniques for using tuning forks, Tibetan bells and bowls, quartz crystal bowls, voice, drum and sound technology for incorporating sound therapies into your practice.

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More CE’s are available through Pre & Post Conference Workshops October 10-13:
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- AntiAging and Facial Rejuvenation
- When Your Client has Catastrophic Illness
- Sound for Today’s Energy Medicine

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Teaching Skills for the Workshop Leader

Personalized help developing your class in a small group setting.

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2014 Course Dates: June 13-16 - August 1-4 - October 3-6
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Teaching is a calling that often comes when mastery is attained. But making the transition from doing to teaching can be a perilous leap. Make that leap gracefully, elegantly, with planning, understanding, and support.

Also Offered:
- Teaching! Getting started. Explore teaching opportunities & learn some basics. August 8-9 - Charlotte, NC - 14 CE - Tuition $250

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INSTRUCTOR: NANCY TONER WEINBERGER
Approved Provider Wi #10616-03

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Trigger Point Therapy Instruction

Learn highly effective trigger point release techniques for the elimination of chronic pain.

August 2014
Sunday, 8/24: Roll Away the Blues: Self Care: Releasing the Shoulder 4 CE’s

September 2014
Friday, 9/5: TPT for Hip and Low Back 7 CE’s
Sat 9/6 & Sun 7: TPT for Headaches and Migraines 13 CE’s

October 2014
Sunday, 10/5: TPT for Carpal Tunnel Syndrome 7 CE’s

Classes Include: Expert Anatomy Instruction Palpation Self Treatment Trigger Point location and treatment

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More classes may be added
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CatMatlock.com
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