Dear Colleagues,

In our profession, with few exceptions, massage therapists and bodyworkers are accomplished in more than one modality. Even before moving into the arena of continuing education and advanced certifications, the entry level practitioner has been taught to use more than one modality. Today one would be hard put to find a school that taught only Swedish massage!

The modalities we learn to use were almost always developed as complete systems, and within each system, certain results can be rightfully expected when working with clients. The purists among us stay true to this principle and separate out modalities offered through the use of a menu of services presented to the client. Perhaps even discussing which modality would be the best choice for that day’s session, based on the client’s current needs. This is a popular and comfortable modus operandi in many private practices, in holistic health centers, and in spas. So this type of therapist might, for example, be skilled in cranial sacral, Swedish massage, Bowen, and deep tissue. Depending on what type of results were needed for that day and the preferences of the client, only one of these modalities would be used. Frequently, informed clients seek out practitioners of these modalities because they want to have a certain kind of bodywork experience. The effect of a session or a series of sessions is often profound.

Another type of therapist views all of the individual moves, strokes and pieces that comprise the modalities they have learned as filling a virtual toolbox from which they construct a session for the client based on the needs and preferences of the client and even what they find while working in the session. For the most part, this client happily gives over to the therapist the decision-making about what the therapist is going to do with the client during the session. Of course some modalities complement each other better than others, and in the interest of producing results for the client, this type of therapist becomes skilled over time at mixing and blending techniques, a little of this, a little of that—an alchemy that works magic for both the therapist and the client.

Knowing which approach more closely defines your style of working can help you to choose continuing education courses that will satisfy you. And as you see where you fit into these philosophies, it can also hone your marketing and help you achieve success.

With warm regard,

Nancy Toner Weinberger
Nancy Toner Weinberger, Publisher
UPCOMING CLASSES

Register Today!

Web: www.imassageinc.com
Email: info@imassageinc.com
Call: (859) 338-4418
Provider # 450394-07 Meets National and State Requirements

<table>
<thead>
<tr>
<th>Dates</th>
<th>Class Titles</th>
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<tbody>
<tr>
<td>9/11</td>
<td>Top 10 Trigger Points for Orthopedic Conditions (7CE)</td>
<td>Concord, NC</td>
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<tr>
<td>9/12-13</td>
<td>21 Deep Tissue Techniques to Enliven your Practice (14CE)</td>
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<td>Flawless Client Experiences - National AMTA Convention (4CE)</td>
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<td>9/26</td>
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<td>10/16</td>
<td>10 Deep Tissue Techniques to Enliven your Practice (7CE)</td>
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<td>21 Deep Tissue Techniques to Enliven your Practice (14CE)</td>
<td>Richmond, VA</td>
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This six level (two days each level) certification program is founded on the fact that Nature has provided the tools to assist us in maintaining robust health or regaining good health once it has been jeopardized. The first level of defense and healing is our own internal pharmacy. The second level is the use of plants to assist us in this job. Come learn to safely and effectively use some of Nature's most powerful tools, Essential Oils. Join us on this journey, the rediscovery of an ancient healing modality.

The Level 1 class is a pre-requisite for all other classes. After taking Level 1 we recommend you take the classes in numerical order. However, you can take Levels 2 through 5 in any sequence you desire. Level 6 must be the final class taken in this series.

Level 1 . . . Introduction to The Aromatic World
Level 2 . . . Aromatherapy: Its Impact on The Systems of the Body (pre-requisite: Level 1)
Level 3 . . . Emotions, Mind, Mood, Personality, Spirituality (pre-requisite: Level 1)
Level 4 . . . Blending, the Chemistry Of It All (pre-requisite: Level 1)
Level 5 . . . Strength, Length, Nature of Treatment: Methods of Application (pre-requisite: Level 1)
Level 6 . . . Deepening The Level of Understanding & Professionalism (pre-requisite: Levels 1-5)

Each 2 day class offers 14 CE’s to Licensed Massage & Bodywork Therapists through NCBTMB (#080770-00). Conducting ongoing classes — to receive a brochure or to register please visit our website at www.LovingScents.com or call us at 336-294-7727.
We provide convenient, affordable classes designed to help massage therapists and other body health professionals like you learn how to breathe new life into your practice. The Southern Spa & Salon Conference, now entering its ninth year, is ideal for those looking to stand out in an industry that is constantly changing and evolving with new products and services.

**November 14 - 16, 2009**
Hickory Metro Convention Center ~ Hickory, North Carolina

REGISTRATION FEE (which includes eight CE hours and admission into Expo Hall):
$100 until 9/30 ~ $125 after 9/30
Additional CE hours are available for $15 for each hour of education.

**Southern Spa & Salon Conference**

Edmund Morgan
School of Massage
20525 N. Main Street Cornelia, NC 28031

**NC Massage School.com**

Online Continuing Education Available!
ON SITE COURSES LISTED BELOW
Register online or call 704-896-2636
NCTMB # 450558-07
# South Carolina Massage & Esthetics Institute

## Myrtle Beach Campus
4720B Hwy. 17 Bypass, S.
Call **843-293-2225** to register

<table>
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## Bluffton Campus
47-A Bluffton Park Circle
Call **843-815-4884** to register

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## West Columbia Campus
1905 Sunset Blvd.
Call **803-939-9600** to register

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*Add $20 for any registration received within two weeks of class start. Registration is limited and full payment must be received in order to guarantee your space. Cancellations at least 14 days prior to any class will receive a refund MINUS a $25 administration fee. Cancellations during the two weeks prior to any class will receive NO refund or credit for any reason.
Claire Marie Miller Seminars, Inc.

30 Years experience teaching with Heart & Soul

Nurturing the Mother®

Body, Mind, Spirit Approach to Pregnancy Massage
with Fertility, Labor, Postpartum and Infant Massage

24 CEs
Certification given in class

“Claire has so much knowledge and is an amazing teacher. In addition to learning new techniques, I feel that I grew as a person during this course & discovered a new community dedicated to healthy mothers and babies.” - Lauren Kuppers, NC

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The Whole Hand Approach
Designed with ease and more therapeutic applications for the Massage Therapist

24 CEs
Certification given in class

I am always honored to be in Claire’s presence. She is what this work is truly about!! I always leave one of her workshops refreshed, energized, grounded and inspired!! - Ingrid Shatterly, NC

2009

Lifepath Center of the Healing Arts • Cincinnati, OH – July 17 - 19
w/ Amy Sullivan
Institute of Massage Therapies • Richmond, VA – July 31 - August 2
Euphoria Spa & Wellness Center • Indianapolis, IN – August 2 - 4
w/ Amy Sullivan
Body Therapy Institute • Siler City, NC – August 13 - 15
Private Residence • Lost Creek, WV – August 21 - 23
Atlanta School of Massage • Atlanta, GA – September 12 - 14
Plantation Resort • Myrtle Beach, SC – September 25 - 27 w/ Ellen Brady
Omaha School of Massage • Omaha, NE – October 2 - 4
Healthworks Institute • Bozeman, MT – October 9 - 11
Therapeutic Massage Training Institute • Charlotte, NC – October 23 - 25
Beach House at Topsail Beach • Topsail Beach, NC – October 29 - 30

2009

Fertility Massage Specialist Certification

16 CEs
Post work required for certification ($30 processing fee)

MoM Spa in Charleston, SC has been credited with 20+ successful conceptions (healthy baby outcome) using the Fertility Massage method. - C.S., owner and massage therapist, states Claire’s class provided the proper knowledge and hands-on tools to ignite my career and passion to help support women and couples.

2009

Body Therapy Institute • Siler City, NC – July 9, 10
Blue Ridge Healing Arts Academy • Concord, NC – August 28, 29
Louisville School of Massage • Louisville, KY – Sept 12, 13 w/ Amy Sullivan
Lifepath Center of the Healing Arts • Cincinnati, OH – Oct 3, 4 w/ Amy Sullivan
Boulder Hot Springs • Boulder, MT – October 6, 7
Baltimore Wellness Center • Ellicott City, MD – November 6, 7
Euphoria Spa & Wellness Center • Indianapolis, IN – November 8, 9 w/ Amy Sullivan
Beach House • Topsail Beach, NC – Dec 7, 8

Advanced Integrative Reflexology®

Includes: Muscle/Meridian Reflexology, Lymph/Reflex Detox, Deep Feet

24 CEs

2009

Healthworks Institute • Bozeman, MT – September 3 – 5

Hot Rockin’ Reflexology & Sweet Feet Aromatherapy

7 CEs

If you can’t make the class, order the kit!

2009

Miller Motte Technical College • Chattanooga, TN – August 30 w/ Stephanie Fleming
Body Therapy Institute • Siler City, NC – October 18
Baltimore Wellness Center • Ellicott City, MD – November 8
Classes also open to persons who are not massage therapists. NCBTMB Approved Provider # 410519-00     FL CE Provider #: 50-10228

For those who don’t currently do energy work but would like to learn how:

• **Introduction to Dynamic Energy Balancing** (7 CE hrs $95) Learn to sense the human energy field.

• **Dynamic Energy Balancing: Basic Technique** (7 CE hrs $125) Learn a basic energy work protocol.

Contact Dynamic Equilibrium to sponsor these classes in your home town, or to join a wait list for a nearby location! OR attend one of these scheduled classes:

- **August 29 & 30** Youngsville, NC
- **October 10 & 11** Miller-Motte College, Wilmington, NC

• **Dynamic Energy Balancing: The Realms** Each chakra is a portal to a realm, where we can go to do our energy work and gain fantastic new insights and direction. Learn to enter the realms and practice doing energy work sessions there. Tuition: $375

Instructor: Nancy Toner Weinberger has worked with energy and breath for more than 20 years. The principles and theory of Dynamic Energy Balancing emerged over a five year period in chunks of enlightened understanding, and are fully shared in her teaching. She has a strong and varied background in mind-body health concepts, including meditation, visualization, pain relief, enhanced creativity, stress reduction, and exploration of altered states of mind.

**Dynamic Energy Balancing** (21 CE hrs) plus **Ethical Considerations for Energy Workers** (3 CE hrs in Ethics) (Prerequisite: Practiced use of any basic energy work protocol.) Tuition: $375 for the full 3 days.

- **October 2-4** Marriott Courtyard Hotel Asheville, NC

Learn the theory of Dynamic Energy Balancing and practice applying the principles of Dynamic Energy Balancing in an energy work session. Expect a transformative experience. Gain confidence in your energy work and enhance your professionalism.

- Lecture- Stimulate your intellect with an exciting new energy map for understanding the dynamics of the body, emotions, mind, and spirit.
- Meditation- Gain skills and get support through guided visualizations
- Practice- Energy work demonstrations and trades

Instructor: Nancy Toner Weinberger has worked with energy and breath for more than 20 years. The principles and theory of Dynamic Energy Balancing emerged over a five year period in chunks of enlightened understanding, and are fully shared in her teaching. She has a strong and varied background in mind-body health concepts, including meditation, visualization, pain relief, enhanced creativity, stress reduction, and exploration of altered states of mind.

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A new course series teaching hands-on work devoted to mastery of touch that reaches the mind, thus generating lasting changes in health and well-being.

There is one place, and one place only, that we experience our physical existence: our body. Every experience we have is filtered through our senses which dance upon the landscape of our body. Every thought, every belief, is based upon what we have experienced in that sacred space. As bodyworkers, touch and movement are the two tools we have to reach the body, and deeper, the mind, where we can help to create a milieu for healing to occur.

In this hands-on experiential class you will learn to:
- Work effectively with movement at the table through feeding proprioceptivity
- Work intuitively develop listening hands
- Let go of protocol and perceive the needs of the tissue directly
- Clear away “shoulds,” finding authentic acceptance
- Thus enhancing your client’s natural healing process

Instructor: Nancy Toener Weinberger, Bodyworker of more than 30 years, is an accomplished Tagger® practitioner and teacher who trained directly with Dr. Milton Trager. She has a strong and varied background in mind-body health concepts.
DEEP TISSUE MANUAL LYMPHATIC DRAINAGE

Using the Mitchell Deep Tissue Lymphatic Drainage you can:
- Help Reduce Cellulite, Inflammation & Risk of Disease
- Subtract Inches From Legs, Arms, Back
- Assist Allergies & Autoimmune Symptoms

Dr. Karyn Mitchell N.D. developed MDTMLD in her practice of 17 years. In one weekend you can be certified, obtain 16 CE's and expand your practice successfully.

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<td>Des Moines, IA</td>
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<td>Atlanta, GA</td>
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Raindrop, Cupping Classes
- Atlanta September 11
- 6-10 pm $100.00 + 4 CE Hours
- Durham October 23

Contact us at mitchell1972@comcast.net
or 815-732-7150 to register or for more details. See our Website at www.drmitchellnd.com
NCBTMB Provider #450709-08

DR. MITCHELL R. MOSHER
PODIATRIST
LMT#6112
NCBTMB APPROVED PROVIDER #450709-08
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- A HOLISTIC & HIGHLY EFFECTIVE APPROACH TO CONNECTIVE TISSUE AND MERIDIAN REBALANCING
- WORK EASY – SAYE YOUR HANDS
- RAPID RESULTS INCREASE YOUR REFERRALS & YOUR INCOME – MULTIPLE CLIENTS CAN BE TREATED DURING THE SAME TIME INTERVAL DUE TO RESTS
- ENJOY HELPING CLIENTS TO HIGHER WELLNESS

Basic Body Re-set – 16 CE hrs. Choose your dates:
July 24 & Aug 14 OR Sep 10-11 OR Oct 22-23
Advanced Body Re-Set – 16 CE hrs.
The Foot Connection – 8 CE hrs
Ethical Business and Professional Relations – 6 CE hrs AUG 28 OR OCT 9
Introduction to Bowen Body Re-Set Home Study – 8 CE hrs
Additional Bowen Procedures Advanced Body Re-Set Home Study – 8 CE hrs

Please visit my website for a complete listing, details, and dates of classes
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704-271-3116
Classes located near Charlotte, NC

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- 20 CE hrs (except where noted);
- Bar $499 Floor $450 (with DVD)
9/18-20/2009 Columbia, SC (24 CE)
9/26-27/2009 Roswell, GA
10/8-9/2009 Naples, FL
1/9-10/2010 Greensboro, NC
1/23-24/2010 Baltimore, MD
3/7-8/2010 Richmond, VA
4/16-17, 2010 Nashville, TN
6/9-10/2010 Asheville, NC

Bamboossage®
- 1 day, 10 CE hrs;
- $375 (with 8pc Tool Set and DVD)
8/3/2009 Key West, FL
9/21/2009 Columbia, SC
9/25/2009 Roswell, GA
1/11/2010 Greensboro, NC
1/25/2010 Baltimore, MD
3/9/2010 Richmond, VA
4/15/2010 Nashville, TN
6/8/2010 Asheville, NC

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Too busy to come to class? Study at home at your convenience!

Ahh...shiatsu® Bar Home Study. Includes manual & DVD with audio instructions. 24 CE, $279.99
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Ahh...shiatsu® Floor Home Study. Includes manual & DVD with audio instructions. 24 CE, $199.99
Bamboossage® Home Study. Includes 8 pc tool set, warmer, oil, manual & DVD with audio instructions. 16 CE, $289.99
Bamboo2Go® Home Study. Includes 6 pc tool set, manual & DVD with audio instructions. 8 CE, $169.99
Stones2Go® Home Study. Includes manual, stones and DVD with audio instructions. 8 CE, $125.99
Fijian Massage Home Study. Includes manual, DVD with audio instructions. 16 CE, $99.99

Approved by NCBTMB with Proctor (additional $50.00), FL 502045, LA #107, DE, and more.
Indian Champissage™ has been popular in India for over a thousand years. The head, neck, shoulders and upper back—areas where tension is more likely to accumulate—are gently, firmly and rhythmically massaged until the pressure simply melts away. This unique therapy combines physical and subtle massage with energy balancing to produce feelings of perfect peace and tranquility. It is a wonderful alternative to seated chair massage.

INSTRUCTOR: M. Susan Walsh, CMT, NCTMB, LCICI
NCTMB Approved Provider #450489-07
Florida Provider #50-10061
21 CE Hours Tuition $495

NEWPORT NEWS, VA - AUGUST 15-17, 2009
NASHVILLE, TN - OCTOBER 17-19, 2009
COCOA BEACH, FL - NOVEMBER 20-22, 2009
BELVILLE, TX - FEBRUARY 12-14, 2010
HOMewood, IL - MARCH 12-14, 2010

For more information or to register, visit www.msusanwalsh.com/champissage
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Teaching teachers: how to teach adult learners since 1985

BECOME A CONTINUING EDUCATION PROVIDER
or just teach like one...

Teaching Skills for the Workshop Leader
October 23-25, 2009 Raleigh, NC

Also offered...
Training for Massage School Teachers
Teacher Training Intensive
Available on-site, customized for massage school faculties.

INSTRUCTOR: Nancy Toner Weinberger
CERTIFICATION (each course): 21 NCBTMB CE hrs.
Approved Provider # 410818-00

For complete course descriptions and registration information, visit www.dynamicequilibrium.com
OR contact Dynamic Equilibrium.

DYNAMIC EQUILIBRIUM
309 Oakwood Court, Youngsville, NC 27596
919-562-1548 weinberger@mindspring.com

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PERG • South Carolina Edition, Fall 2009

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12 Attack Your Stress-1: Personal; Chapel Hill, NC; 8 hrs; P:9
13 Attack Your Stress-2: Relationships; Chapel Hill, NC; 8 hrs; P:9
14 Attack Your Stress-1: Personal; Chapel Hill, NC; 8 hrs; P:9
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August
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