Dear Colleagues,

Diversity in our profession!


So many diverse approaches to health and healing! And I am sure to have missed many.

Add to this the diverse populations we work with—pretty much every medical affliction needing relief; every age group from infants to the elderly; those seeking beauty, youthfulness, health, well-being; those seeking exceptional physical performance, mental acuity, spiritual and emotional balance.

And then there is every setting in which these services are provided—home office; private office; offices in conjunction with doctors, chiropractors, physical therapists, psychologists, cosmetologists; spas; hospice; hospitals; out-calls.

Let’s embrace our diversity in 2013, and appreciate the spread of our communal umbrella, sheltering humanity with our dedication, competence, and caring.

Sincerely,

Nancy Toner Weinberger

Nancy Toner Weinberger, Publisher

About the PERG

The Professional Education & Resource Guide is an easy reference for continuing education opportunities for massage therapists and bodyworkers.

The PERG offers a variety of ways to select courses that meet your continuing education needs. Browse the pages of advertisements to discover opportunities to enhance your skills and explore new and exciting theories and approaches. Or look up the dates you are available to take classes in the index at the back of the guide and choose from among those listings.

NEXT ISSUE JULY 2013

The North Carolina Edition of the PERG is mailed free of charge to licensed massage therapists and bodyworkers, so keep your address up to date with your state massage board to ensure you receive each and every copy.

The Professional Education & Resource Guide is published twice per year in North Carolina and South Carolina. It is also published less frequently in Georgia and Tennessee.

At www.PERG-CEMassage.com you can view all the current editions of the PERG in flip-book form, as well as a chronological list of advertised classes with links to their webpage descriptions and email contact information. Or choose to have this information emailed to you monthly.
CE Classes with Shirley Knapp
~ CE HOURS AT HOME! ~

Home Study Courses  CE hrs.  Tuition
Developing Your Intuition  3  $33
Healing the Healer  3  $33
Ethics of Energy Healing (Standard V)  2  $25
Intuitive Energy Healing (video)
Intuitive Energy Healing with Aurameter (video)

To Register:  www.shirleyknapp.com
(828) 736-7100  Shirley@shirleyknapp.com
Sylva, NC (45 minutes from Asheville)

~ CONTINUING ED CLASSES 2013 ~

FEBRUARY
3  • Healing the Healer  6  $150

MARCH
9, 10  • Intuitive Energy Healing  16  $225

APRIL
20  • Developing Your Intuition  6  $150

MAY
19  • Intuitive Energy Healing with Aurameter  8  $175

JUNE
22  • Healing the Healer  6  $150

JULY
14  • Developing Your Intuition  6  $150
27, 28  • Intuitive Energy Healing  16  $325

2013 SCHEDULE:

Prenatal Massage  8 CE Hours  Feb 2-3
Thai Foot Massage  7 CE hours  Feb 9
Reiki First Degree  10 CE hours  Feb 9-10
Reflexology  10 CE hours  Feb 16-17
Expression of the Lymph  10 CE hours  March 2-3
Reiki Second Degree  10 CE hours  March 23-24
Ethics: Business & Advertising  3 CE hours  March 30
Lymphatic Massage  16 CE hours  April 20-21
For Compromised Systems
Holistic Nutrition Theory  8 CE hours  May 4-5
Holistic Communication  10 CE hours  May 4-5
Reiki First Degree  10 CE hours  May 18-19
Reiki Third Degree  10 CE hours  June 1-2
Hot Stone Massage  16 CE hours  June 1-2
Therapeutic Value of Herbs  8 CE hours  June 8-9
Oriental Massage & Eastern Philosophy  10 CE hours  June 8-9
Thai Massage  21 CE hours  June 14-16
Reflexology  10 CE hours  July 13-14
Trager® Mentastics for Self-Care  4 CE hours  Sept 20

Healing From the Heart
Through the Art of Touch

Everyone functions in accordance with a unique innate energetic blueprint, the Innate Intelligence. When we are free from stress, real or imagined, healing is a natural progression of life’s experience. Life experiences are sustained by dynamic electro, chemical, magnetic interactions that are effected by mental, emotional and physical conditions.

The Healing Arts and Massage School, LLC is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider, Provider (# 331623-00).

Visit the School’s Web Site for a Complete List of Classes and Calendar with Online Registration
Chetola Resort at Blowing Rock
CONTINUING EDUCATION CREDITS FOR MASSAGE

Earn continuing education credits while staying at one of North Carolina’s most beautiful resorts. You have the option of attending classes with or without overnight accommodations. If you decide to stay overnight, special room rates are available that feature up to 50% off regular prices. Choose from Chetola Lodge, The Bob Timberlake Inn or spacious condominiums ranging from one to four bedrooms.

Chetola also offers yoga and fitness classes, large indoor pool, tennis courts, a full-service spa, fitness center, Timberlake’s Restaurant, Headwater's Pub and direct access to 25 miles of hiking trails in adjoining Moses Cone Memorial Park.

Instructors:
- Dianna Lee, LMT #2599
- Caroline Stahlschmidt, RYT
- Lia Pardy, LMBT #4318
- Catherine Scantlin, LPC, RYT
- Emily Sansbury, PT, MA
- Diana Stone, PhD

SCHEDULE
WINTER/SPRING 2013 CLASSES
Mondays & Tuesdays 8am-Noon and 1-5pm

<table>
<thead>
<tr>
<th>Date</th>
<th>Option One</th>
<th>Option Two</th>
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<tbody>
<tr>
<td>January 14-15</td>
<td>Lymphatic Massage</td>
<td>Thai Massage Essentials</td>
</tr>
<tr>
<td>February 25-26</td>
<td>Fundamentals of CranioSacral Therapy</td>
<td>Heart-Based Practice</td>
</tr>
<tr>
<td>March 18-19</td>
<td>Body Centering through Somatic Repatterning</td>
<td>Lymphatic Massage</td>
</tr>
<tr>
<td>April 22-23</td>
<td>Heart-Based Practice</td>
<td>Herbal Oil Infusions and Essential Oil Body Wraps</td>
</tr>
<tr>
<td>May 20-21</td>
<td>Thai Foot Reflexology</td>
<td>Fundamentals of CranioSacral Therapy</td>
</tr>
</tbody>
</table>

*Each class is 16 CE

Cost per Student (based on a 2-day session): $224
Receive 10% off tuition with a two-night stay at Chetola Resort

Two-Day Sessions Include: Seminar instruction, hands-on workshop training, certificate of completion, wellness-minded breakfast and lunch each day, and one-hour yoga class each day

SPECIAL ROOM RATES
- Chetola Lodge: From $110 per night
- Bob Timberlake Inn: From $140 per night
- Condominiums: From $124 per night
(1, 2, 3 and 4 bedroom condominiums are available)

To register or for more information:
828-295-5509
www.chetola.com

Continuing Education Provider NCBTMB 
#451468-10 and #451577-11
Dedicated to diverse, quality classes to foster depth, ease & seasoning of your practice.

INSTRUCTORS:
Janice M. Durand  LMBT #1349;
Pamela Donohue  LMBT#554;
Lorraine Lewis  LMBT #213;
Judith Brooks  NC LMBT #1313

2013 NCBTMB CE Classes  Classes offered @ various NC locations in Triangle

1/12 - ENERGY YOGA "SPINE" - 2CEs, Hillsborough (Janice)
1/24-3/7 ~ MEDITATION EXPLORATION - 9CEs, Hillsborough (Janice)
1/26-27 - CHAKRAS & ELEMENTS - 14CEs, Hillsborough (Janice)
1/27 - CRANIOSACRAL CLINIC 1 - 4CEs, Raleigh (Pat)
2/2 - MERIDIAN HEALING PATHWAYS - 7 CEs Durham (Judith)
2/22-5/4 ~ CHAKRA SERIES - 42CEs, Hillsborough (Janice)
2/22 - EARTH CHAKRA INTRO - 7CEs, Hillsborough (Janice)
2/22 - HEART MEDITATIONS - 3CEs, Carrboro (Lorraine)
2/23 - WATER CHAKRA INTRO - 7CEs, Hillsborough (Janice)
2/23 - CRANIOSACRAL TRACKING - 7CEs, Raleigh (Pat)
2/24 - CRANIOSACRAL CLINIC 2 - 4CEs, Raleigh (Pat)
3/14 ~ ENERGY YOGA "PELVIS" - 2CEs, Hillsborough (Janice)
3/21-5/9 ~ T'AI CHI-CHI GONG SERIES - 9CEs, Hillsborough (Janice)
3/22 - FIRE CHAKRA INTRO - 7CEs, Hillsborough (Janice)
3/23 - AIR CHAKRA INTRO - 7CEs, Hillsborough (Janice)
3/23 - TRAGER MOVEMENTS - 2CEs, Carrboro (Lorraine)
4/7 - CRANIOSACRAL CLINIC 3 - 4CEs, Raleigh (Pat)
4/20 - MERIDIAN HEALING PATHWAYS - 7CEs Durham (Judith)
4/23 - CPR4theSoul - 2CEs, Carrboro (Lorraine)
5/3 ~ ETHER CHAKRA INTRO - 7CEs, Hillsborough (Janice)
5/4 - UPPER CHAKRA INTRO - 7CEs, Hillsborough (Janice)
5/16-20 - MEDITATION EXPLORATION - 9CEs, Hillsborough (Janice)
5/25 - CRANIOSACRAL MASTER GEARS - 7CEs, Raleigh (Pat)
5/26 - CRANIOSACRAL CLINIC 5 - 4CEs, Raleigh (Pat)
6/9 ~ PRACTITIONER PRESENCE - 14CEs, Raleigh (Pat)
6/14-15 ~ ENERGY HEALING INTRO - 14CEs, Hillsborough (Janice)
6/25 - TRAGER MOVEMENTS - 2CEs, Carrboro (Lorraine)
7/12-14 - CRANIOSACRAL EXPERIENTIAL 1 - 21CEs, Raleigh (Pat)
7/15 - ETHICS FOR HEALING ARTS - 3CEs, Raleigh (Pat)
8/5 - ETHICS FOR HEALING ARTS - 3CEs, Raleigh (Pat)
8/9 - ETHICS FOR HEALING ARTS - 3CEs, Hillsborough (Janice)
8/16 - HEART MEDITATIONS - 3CEs, Carrboro (Lorraine)
8/27 - TRAGER MOVEMENTS - 3CEs, Carrboro (Lorraine)
9/6-7 - ENERGY HEALING INTRO-14CEs, Hillsborough (Janice)
9/16 - ETHICS FOR HEALING ARTS - 3CEs, Raleigh (Pat)
9/28 - MERIDIAN HEALING PATHWAYS - 7 CE Durham (Judith)
10/4-6 ~ CRANIOSACRAL EXPERIENTIAL 2 - 21CEs, Raleigh (Pat)
10/7 - ETHICS FOR HEALING ARTS - 3CEs, Raleigh (Pat)
11/6-10 - CRANIOSACRAL INTENSIVE - 33CEs, Raleigh (Pat)

To Register, Contact Class Instructors:
Janice Durand  919 563-4454  jmdchi@mindspring.com;
Pamela Donohue  919 834-1035  pat@patriciadonohue.com;
Lorraine Lewis  919 967-2215  lorraine@peacefulconnection.com
Judith Brooks  919 260-1430  jabrooks1@bellsouth.net

Could your massage practice use an edge?

Learn BodyTalk Access
Offer your clients deeper and longer lasting results

Master this effective 10 minute energy balancing technique in only one day!
As a Certified BodyTalk Access Technician you can improve and increase:

- Whole Brain Functioning
- Hydration in Muscle Tissues
- Structural Integrity and Coordination
- Sports Performance
- Immune Function - prevent illness and speed recovery

The BodyTalk System is approved as a Continuing Education Approved Provider, and BodyTalk Access offers 6.5 CE’s for: NCBTMB, AHNA, NCCAOM, NASW, ACEP

2013 Classes in Durham, NC

January 26 • March 16 • May 4 • June 22 • August 17 • October 26
All Classes: 9:30 am - 5:30 pm, Color Manual  Class Fee: $150 (Discount for early payment)

Register / More Information Contact:
Toni Stevens
919-698-3150
heal@ToniStevens.com

Tree of Life CENTER
For complete course descriptions:
www.TreeofLifeCenterNC.com

Bellanina
Bellanina® Facelift Massage™ Program
Growing Boomer Market  Increase Your Income  Save Your Back

Bellanina Facelift Massage Course Includes:
- Incorporates the massage, energy release and hot stones
- Gentle stretching of the upper and lower body
- Facial acupressure points, contouring strokes, lymph drainage and tapotement.
- Learn essential home care products ingredients and self-massage techniques to maintain beautiful, glowing skin

2-Day Seminars - 24 CE’s
Jan. 26-27, 2013 - Asheville
April 22-23, 2013 - Asheville
June 1-2 - 4 CE classes - Spa/ Salon Conference in Hickory, NC
July 14-15, 2013 - Asheville

Study with Nina Howard, Master Trainer, CMT, Lic. Esth. Class held in Asheville, NC - $379
Study with Susan Blakes Class held in Greenville, SC - $360
Study with Edwin Martinez Class held in Charlotte, NC - $359

For class dates in Greenville, SC and Charlotte, NC visit us online at:
www.bellaninainsitute.com

Contact us today to register and get your Training Manual, instructional DVD and Professional Product Kit!
Email us at operations@bellanina.com
or call 1-800-235-2844

Florida State Massage License Provider #50-7840
Provider #022258-09

BodyTalk
2013 Classes in Durham, NC

January 26 • March 16 • May 4 • June 22 • August 17 • October 26
All Classes: 9:30 am - 5:30 pm, Color Manual  Class Fee: $150 (Discount for early payment)

Register / More Information Contact:
Toni Stevens
919-698-3150
heal@ToniStevens.com

BodyTalk
2013 Classes in Durham, NC

January 26 • March 16 • May 4 • June 22 • August 17 • October 26
All Classes: 9:30 am - 5:30 pm, Color Manual  Class Fee: $150 (Discount for early payment)

Register / More Information Contact:
Toni Stevens
919-698-3150
heal@ToniStevens.com
The U.S. Kinesiology Training Institute

Why learn Kinesiology?
• Discover how to single out the single greatest cause of most muscular pain.
• Work gentler, not harder, and get exceptional and longer lasting results.
• Learn to integrate effective meridian based techniques.
• Reduce your own stress and pain with a variety of self-help skills.
• Individualize your sessions and effectively address your client’s physical and emotional stresses.
• Touch for Health Kinesiology is an exciting introduction to the field of Energy Medicine with an easy-to-learn, systematic approach that gets proven results - even with long standing muscular imbalances.

Touch for Health Kinesiology Training

Some of the many skills and techniques taught:
• The skillful art and subtleties of muscle testing
• Chinese Five Elements theory and balance
• Ten different methods to strengthen weak muscles
• 42 muscle balance for gods and stress relief
• Neurolymphatic and neurovascular reflexes
• Simple and effective techniques for pain relief
• Postural stress release
• Balancing with color, sound and emotions
• Tibetan Figure Eight energy balancing
• Reactive muscles for chronic muscular problems
• Holistic approach addressing healing on the physical, mental, emotional, spiritual and nutritional levels.

Arlene Green, LMBT#854, is one of the leading instructors in the field of Touch for Health Kinesiology. She has been teaching kinesiology for over 30 years and is known for her clear, informative and inspirational workshops. Arlene is the director of the U.S. Kinesiology Training Institute of Chapel Hill, NC and the author of The Top Ten Pain Releasers, Emotional Repatterning and Specific Neuromuscular Reset.

Larry Green is a certified Touch for Health Instructor and past President of the National TFH Association, and has been involved in complementary and alternative medicine for over 30 years. He brings his humor, enthusiasm and clear teaching style into his classes.

The Top Ten Pain Releasers
Integrating Massage and Touch for Health

Part 1: This fun introductory workshop teaches you simple and highly effective hands-on skills to reduce stress and pain. Learn quality muscle testing, meridian massage, pain relief through music, neurolymphatic massage, emotional stress release, Specific Neuromuscular Reset, Reiki Touch Massage, and more.

Top Ten Part 1
January 20
$140
Wilmington, NC
Arlene Green
Larry Green

February 2
Charlotte, NC
Arlene Green

February 3
Chapel Hill, NC
Arlene Green

March 16
Chapel Hill, NC
Arlene Green

May 3
Chapel Hill, NC
Arlene Green

June 22
Chapel Hill, NC
Arlene Green

Top Ten Part 2
February 23
$125
Chapel Hill, NC
Arlene Green

March 17
Chapel Hill, NC
Arlene Green

Touch for Health 1 – 4
February 9 - 17
$1050
Kissimmee, Fl
Arlene Green

April 20 - 28
Chapel Hill
Arlene Green

July 20 - 28
Chapel Hill
Arlene Green

Touch for Health 1
Feb. 9 and 10
$295
Chapel Hill
Arlene Green

Feb. 23 and 24
Charlotte
Larry Green

May 10 – 12
Chapel Hill
Larry Green

Touch for Health 2
March 9 and 10
$275
Chapel Hill
Larry Green

Touch for Health 3
April 6 and 7
$275
Chapel Hill
Larry Green

Touch for Health 4
April 27 & 28
$275
Chapel Hill
Larry Green

Specific Neuromuscular Reset $135
February 24
Chapel Hill
Arlene Green

June 23
Chapel Hill
Arlene Green

Emotional Stress Release $300
February 16 and 17
Chapel Hill
Arlene Green

March 28 and 29
Chapel Hill
Arlene Green

Miracle Workers Training $275
January 19 and 20
Chapel Hill
Larry Green

April 13 and 14
Chapel Hill
Larry Green

June 15 and 16
Chapel Hill
Larry Green

Emotional Repatterning $325
March 30 and 31
Chapel Hill
Larry Green

TFH Instructor Training $1150
May 4 – 12
Chapel Hill
Arlene Green

For more information or to pre-register please visit: www.USKinesiology.com

(See some free training videos on our website’s home page)

Call (919) 933-9299 or email: Greenfh@mindspring.com

The U.S. Kinesiology Training Institute is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBMB) as a continuing education approved provider IS8222-00. Arlene and Larry are also approved providers through TFHKA for Nurses and Acupuncturists (NCCAOM). Arlene is also a provider for Florida Massage Therapists.
Help your clients heal body, mind & spirit with Reiki!
Quality, professional training in a comfortable & relaxing atmosphere with great energy. Private classes available.

Odilia Forlenza, RMT
Usui & Karuna Reiki® Master Teacher
Over 10 Years Experience
828-707-3530
Learn more - visit www.NCReiki.com
North Carolina Reiki Training Center
12 1/2 Wall St., Asheville, NC

Reiki Certification Classes

<table>
<thead>
<tr>
<th>Reiki Level</th>
<th>CE Hours</th>
<th>Start Time</th>
<th>Price</th>
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<tbody>
<tr>
<td>Reiki I</td>
<td>8</td>
<td>10-6:30PM</td>
<td>$169</td>
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<td>1/19, 2/16, 3/16, 4/20, 5/18, 6/8, 7/13, 8/17, 9/7, 10/12, 11/2</td>
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<tr>
<td>Reiki II</td>
<td>8</td>
<td>10-6:30PM</td>
<td>$179</td>
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<td></td>
<td>1/20, 2/17, 3/17, 4/21, 5/19, 6/9, 7/14, 8/18, 9/8, 10/13, 11/3</td>
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<tr>
<td>Advanced R.T. (3A)</td>
<td>8</td>
<td>10-6:30PM</td>
<td>$225</td>
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<td></td>
<td></td>
<td>2/23, 6/22, 9/14</td>
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</table>

Private classes available by appointment. Please visit website for Reiki Master Class info.

INSTRUCTOR: Nancy Toner Weinberger, bodyworker of 35 years, is an accomplished Trager® practitioner who trained directly with Dr. Milton Trager. She has a strong and varied background in massage, energy work, and mind/ body health concepts. Known for her down-to-earth, easygoing, practical teaching style, she has been teaching adult learners for more than 30 years. Approved Provider # 410519-00

April 26-28 Cornelius (near Charlotte), NC
Front of the body

October 4-6 Cary (near Raleigh), NC
Back of the body

Tuition $395 each 3-day class. (21CE)
These classes have been previously advertised under the title Manifest Mind.

Learn Reiki!
Enhance Your Practice
Help your clients heal body, mind & spirit with Reiki!
Quality, professional training in a comfortable & relaxing atmosphere with great energy. Private classes available.

Dynamic Equilibrium
www.dynamicequilibrium.com
309 Oakwood Court, Youngsville, NC 27596
919-562-1548 weinberger@mindspring.com

Let yourself out of the box!
Let your work become play, and gain longevity in your bodywork career. Discover this light, free way of working that melts away client pain and tension.

Reiki Education Alliance
Classes are offered by VICKIE PENNINGER, Reiki Master/Teacher, Healing Touch Practitioner, Shamanic Practitioner, Crystal Energy Therapist, Arcing Light Teacher/Practitioner, ThetaHealer.
The REIKI EDUCATION ALLIANCE is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider #450417-07.

Arcing Radial Light Practitioner 12 CE’s June 8th-9th
Arcing Radial Light Practitioner 12 CE’s June 22nd-23rd Wilmington, NC
Arcing Radial Light Teacher 12 CE’s February 9th-10th
Reiki I 12 CE’s January 5th-6th
Reiki I 12 CE’s June 30th-7th
Reiki II 6 CE’s February 9th-10th
Reiki Master 10 CE’s February 9th-10th
Reiki Master/Teacher 16 CE’s February 9th-10th
Crystal Energy Therapy I-IV 3 CE’s each class
CET I & II January 26th
CET III & IV January 27th
Energetic Cord Cutting 4 CE’s June 29th
Past Life Regression 4 CE’s June 29th

Above classes held in Raleigh, NC unless noted otherwise. Classes are offered throughout the year on an ongoing basis in Raleigh & Wilmington, NC and other locations by demand. To check schedule or for more information visit:

www.thereikichannel.com
vickpen@bellsouth.net
(919) 828-0876
Bodywork Therapy Seminars
A Division of Hands On Health Massage Therapy & Wellness
321 Blue Ridge Road, Suite 102; Raleigh, NC 27607
919.510.6655

Classes held in mountain view log cabin located in Candler, NC in the Pisgah National Forest:

- Aromatherapy for Massage Therapists – $179 with Hope DeVall
  12 CE hrs  - March 9th & 10th

- Reiki I - $159 with Hope DeVall
  12 CE hrs - March 23rd & 24th (see website for Reiki II and Reiki Master dates)

- Money Making Massage Moves – $179 with Hope DeVall | 12 CE hrs  - June 8th & 9th
- Stretching on the Table – $179 with Hope DeVall | 12 CE hrs - July 6th & 7th
- Lymphatic Drainage I – Upper extremity – $ 179 with John Morgan
  12 CE hrs - May 4th & 5th
- Lymphatic Drainage II – Lower extremity – $179 with John Morgan
  12 CE hrs - May 11th & 12th

Classes held at The Mind Body Connection in Asheville, NC:

- Social Networking to Grow Your Massage Practice - $45
  with Hope DeVall | 3 CE hrs - March 3rd
- Foundation of Ethics – $39 with Hope DeVall | 3 CE hrs - March 3rd
- Ethics - Mindfulness & Loving Kindness: Bringing Greater Awareness to the Client/Therapist Relationship - $89 with Hope DeVall | 6 CE hrs - May 19th
- Pre-Book & Re-Book – How to Increase Client Retention – $45
  with Hope DeVall | 3 CE hrs - May 26th

We have online classes available also on our website
www.ncmassagecontinuinged.com

Visit BodyworkTherapySeminars.com for more information and online registration!

Spring 2013 Course Schedule

3/9-10/13 (Sat/Sun)  16 CE  |  I-NMT: Neck & Jaw  |  $ 315.00
3/21/13 (Thurs)    3 CE   |  Ethics: Building Relationships [Incl Std V] |  $ 45.00
4/6-7/13 (Sat/Sun)  15 CE  |  I-NMT: Thigh & Lower Extremity |  $ 295.00
4/13/13 (Sat)      3 CE   |  Interconnect Through L. I. S. T. E. N. I. N. G. |  $ 60.00
4/13/13 (Sat)      3 CE   |  The Hidden Truth: Nonverbal Communication |  $ 60.00
4/20/13 (Sat)      3 CE   |  Ethics: Caring For Distressed Clients and Self [Incl Std V] |  $ 45.00
4/20/13 (Sat)      4 CE   |  Foam Rolling & Movement Repatterning |  $ 80.00
5/4-5/13 (Sat/Sun)  16 CE  |  I-NMT: Thoracic Outlet & Shoulder Mobilizers |  $ 315.00
5/18/13 (Sat)      4 CE   |  Burnout Happens, What Now and How Do We Recover? |  $ 80.00
5/18/13 (Sat)      4 CE   |  Self Care For Massage Therapists |  $ 80.00

All classes are held in Raleigh, NC.

Visit www.ncmassagecontinuinged.com for a full listing of classes.
828-484-9793 · fannrobin@gmail.com

Esalen® Massage with Robin Fann-Costanzo

Bringing Esalen Massage to the East Coast

Esalen massage, created at the Esalen Institute in the mid 1960’s, grew out of the work of many of the great 21st century masters of bodywork. It offers a unique approach that gives each practitioner the ability to use all the great skills they have accumulated and infuse their massage with awareness, connection and meaning. Esalen massage is characterized by flowing integrative strokes, passive joint mobilization, and attention to breath and connection.

Esalen Massage Certification Program
May 1-5, June 5-9, & July 10-14, 2013
(100 CEUs - 15 days of training)
Asheville, NC · www.esaleninstructor.com

Esalen Massage Classes in 2013
- June 14-16 · Esalen Institute, Big Sur, CA · www.esalen.org
- March 23-24, June 22-23, September 14-15, & November 16-17
  Center for Massage, Asheville, NC · www.centerformassage.com

For information, contact Robin at fannrobin@gmail.com.

Robin has been working at the Esalen Institute & internationally since 1992 as an Esalen massage crew member, instructor, and registered yoga teacher. Esalen NCBTMB Provider (239720-00)

Visit www.esaleninstructor.com for a full listing of classes.
828-484-9793 · fannrobin@gmail.com
Located 20 minutes north of Charlotte
ON SITE COURSES LISTED BELOW

REGISTER ONLINE
or call 704-896-2636
NCBTMB # 450558-07

January 13
Intro to Positional Release
6 CE
February 10
Intro to Sports Massage
6 CE
February 22
Integrated Manual Lymphatic Drainage Massage
with Acupressure & Essential Oils
8 CE
February 23
Lomi Lomi - Temple Style - Hawaiian Therapeutic Massage
18 CE
March 3
Intro to Barefoot Shiatsu
6 CE
March 10
Traditional Thai Foot Massage
7 CE
March 17
Postural Assessment
6 CE
March 22
Integrative Reflexology with Claire Marie Miller
24 CE
April 7
Tools of the Trade
6 CE
April 12
Geriatric Therapy
14 CE
April 19
Thai Massage Intensive
21 CE
April 26
Freedom Bodywork by Nancy Toner Weinberger
21 CE
May 5
Teaching Teachers to Teach
6 CE
May 19
Practical Magic
6 CE
May 24-26
Medi-Cupping Therapy by Anita Shannon
22 CE
June 23
Intro to Cupping for the Massage Therapist
6 CE
June 30
Winning Out Over Whiplash
6 CE
July 14
INTENT for the Massage Therapist
6 CE

NC Massage School 20525 N. Main Street Cornelius, NC 28031 704-896-2636
WILMINGTON NC
2013 NCBTMB CE Calendar for LMBTs

BODY REFLEXOLOGY - 16 CE hours, $300
FEBRUARY 22-23, 2013 9am-6pm

INTRODUCTION TO AROMATHERAPY - 16 CE hours,
$300 plus $85 kit fee
MARCH 15-16, 2013 9am-6pm

HOT STONE MASSAGE - 16 CE hours, $300
MAY 17-18, 2013 9am-6pm

TABLE SHIATSU MASSAGE - 16 CE hours, $300
JUNE 14-15, 2013 9am-6pm

SPA MODALITIES - 16 CE hours, $300 plus $85 kit fee
JULY 26-27, 2013 9am-6pm

SPORTS MASSAGE - 16 CE hours, $300
OCTOBER 18-19, 2013 9am-6pm

ETHICS FOR LMBTs - 3 CE hours, $60
SEPTEMBER 27, 2013 9am-12pm
OCTOBER 18, 2013 9am-12pm
OCTOBER 25, 2013 9am-12pm

CONTACT MELISSA MOSHER
Call 910-742-0962 or
mmc.wilmingtonmassage@gmail.com for additional
information and registration. Discounts available for
MMC massage program graduates.

Miller-Motte College is approved by the National Certification Board
for Therapeutic Massage and Bodywork (NCBTMB) as a continuing
educational Approved Provider #450366

Contact Melissa Moshier
To register for a class please contact Nancy Harrell at 919.900.2132. For registration/cancellation policies, please see our website at www.thespaatmmc.com.

### ENHANCE YOUR SKILLS WITH DYNAMIC HANDS-ON LEARNING

#### June 8-9 **Table Shiatsu**, 16 CE
Shiatsu on the massage table! Learn meridian theories of how energy flows through the body and why proper client placement is important. Use range of motion, palms, thumbs, elbows and even feet.

Instructor: Melissa Moser, NCBTMB approved provider #451472  
Cost: $250

#### September 14-15 **Sports Massage**, 16 CE
Learn pre and post event sports massage techniques as well as maintenance massage for different athletes, such as triathletes, golfers, tennis players, surfers, skiers etc... Kinesiology and stretching is a big focus for this class so brush up on your O&I&A.

Instructor: Melissa Moser, NCBTMB approved provider #451472  
Cost: $250

#### October 4-6 **Freedom Bodywork** (Back of the body), 21CE
There is a way of working that is easier- that is fun and effective and deep bodywork that inspires you to develop your intuition, connecting ever more deeply with yourself and your client, bringing satisfaction and peace to your day.

The material presented in this class is drawn from Nancy’s Trager® practice of more than 25 years. Read more about it on her website, www.DynamicEquilibrium.com or call 919-562-1548.

Instructor: Nancy Toner-Weinberger, NCBTMB approved provider #410519-00  
Cost: $395

### 12 CE SPECIAL OFFER!

If you are a new graduate and only need 12 hours of CE, this set of classes is perfect for you! Or supplement these 12 hours with some online learning for your full 24 hours.

#### October 25 & 26
- **Assessing the Power of Traditional Bodywork Systems**, 7CE, Cost: $145  
- **Ethics: Giving and Receiving Feedback from Colleagues**, 3CE, Cost: $55  
- **Word Crafting**, 2CE in marketing, Cost: $35

Instructor: Nancy Toner-Weinberger, NCBTMB approved provider #410519-00

October 25 & 26  
Tuition $225 for all three classes. Or take each class individually.

October 26  
**Tuition $225 for all three classes.**

Or take each class individually.

### Miller-Motte College – Cary, NC

Miller-Motte College – Cary, NC is located just minutes from downtown Raleigh and Cary. It is easily accessible from the major interstates (I-40, I-85 & I-95). The school is also surrounded by numerous restaurants, shopping, and is only 3/10th of a mile from the nearest hotel.
Excellent Classes & Reasonable Prices too!

Neckwork off the Table
Jan 26 or May 11. 6 ce $100

Ashiatsu
Feb 2-3, Mar 23-24, May 18-19. 16 ce $350

Massoga
March 2. 6 ce $70

Self Massage
March 3 or June 15, 6 ce $70

Massage Tricks
April 6 or May 12. 8 ce $100

Accelerated Release
April 7 or June 16. 6 ce $80

Ashiatsu Home Study
14 ce. $130

Brett Rodgers
Vitality Massage
270 Old Weaverville Rd.
Asheville, NC 28804
www.vitalitymassage.net
(828) 645-5228
NC 7557 – NCBTMB 451495-10

Excellent Classes & Reasonable Prices too!

Brett Rodgers
Vitality Massage
270 Old Weaverville Rd.
Asheville, NC 28804
www.vitalitymassage.net
(828) 645-5228
NC 7557 – NCBTMB 451495-10

Going Deeper... Effortlessly!
Asheville, NC

INSTRUCTOR: MELISSA D. COPE, LMBT
NCBTMB Provider #451901-12

Mar 2 & 3 (Sat & Sun) Deep Tissue Palpations Skills & Techniques for Fists, Forearms & Elbows $235 - 2 Days / 16 CE With Moses Goldstein

Mar 4 (Mon) Massage for Temporomandibular Joint Dysfunction $135 - 1 Day / 8 CE

May 19 (Sun) Massage for Temporomandibular Joint Dysfunction $135 - 1 Day / 8 CE

May 20 & 21 (Mon & Tues) Deep Tissue Palpations Skills & Techniques for Fists, Forearms & Elbows $235 - 2 Days / 16 CE With Moses Goldstein

Visit our website for course descriptions, registration instructions, additional courses and more dates for 2013.

www.MCopeMassage.com (Click on CE Courses)
828-450-4555

Melissa D. Cope, LMBT (NC Lic# 4552) - Melissa has been an AMTA Member and a Nationally Certified Massage Therapist for over fifteen years. When it comes to deep tissue, she is all about working smarter not harder. Her passion for TMJ work came out of experiencing jaw pain, and using stress reduction and massage to eliminate her symptoms.

Moses Goldstein, LMBT (NC Lic# 6887) – Mo is an enthusiastic, joyful human who plans to grow older without ever fully growing up. He has given over 12,000 massages and continues to draw from his experience in numerous martial arts and dance forms. Mo will show you how to practice “the playful, lazy art of deep tissue massage.”

The Deeper Side of Therapeutic Bamboo Massage

A TECHNIQUE THAT WILL TRULY GIVE YOU A LONGER CAREER IN MASSAGE

WHAT THERAPISTS ARE SAYING:
"I’m not nearly as tired at the end of my day."
"Using the Heated Bamboo has provided much needed relief for my thumb!"
"The heated bamboo sticks provided deep tissue relief without the associated pain."

Instructor: Debbie Schmitz NC LMBT #4294/NCBTMB Approved Provider #451956-12
1.5 days/12 CEs/$299/Learning materials provided for classroom use

Feb 16-17 2013, April 12-13, 2013, June 15-16 2013,
Greensboro, NC Classes

For more information contact Debbie Schmitz at (336) 989-1797 or triadmassage1@gmail.com
www.triadmassage.com/Continuing_Education.php

Triad Massage THE HEALING TOUCH
Laura Allen has lined up an amazing roster of brand-new classes for the coming year with some of the top teachers in the massage therapy profession.

www.thera-ssage.com

Visit our website for a complete listing and details of all the exciting class offerings for 2013. Secure online registration.

Facebook.com/LauraAllenMT

THERA-SSAGE is conveniently located in Western North Carolina between Asheville, Charlotte, Knoxville, & Greenville-Spartanburg.

Robert Woolton PhD, LMBT has practiced Thai for 25 years and taught workshops for 15. He lived in Thailand for 6 years, speaks the language, knows the culture and religion, and was one of the first Americans to study with Thai masters of Nuat Boran.

NCBTMB Provider # 288481-00

Robert’s courses offer:

- Small Class Size
- Smooth-flowing Routine
- Step-by-step Guidance
- Completely Experiential
- Gentler Style of Thai with Deeper Effects
- Booklet Picturing All Moves in Sequence

828-645-0647 www.ThaiBodywork.info
Earn your CE’s with world-class education at AMTA-NC Chapter convention

AMTA-NC chapter is in your backyard! Amta offers:

• Over 140 continuing education hours approved by NCBTMB throughout the year.
• An opportunity to connect with others doing research in massage.
• Career resources.
• Networking with peers and other massage therapists in the profession.

Visit amtanc.org to view schedule, courses and additional information.

Questions?
Contact contactus@amtanc.org

Go to amtanc.org/event-state
And use PERG0113 for exclusive discount convention pricing.

March 15-17 • Asheville, NC
AMTA-NC chapter 2013 annual state convention
Crowne Plaza Hotel
In a time crunch? All tests are now online for immediate results!

FREE SHIPPING on all orders!

Laura Abbott, MS, LMT, Exercise Physiologist with Masters in Sports Medicine as well as Georgia Licensed massage therapist.

Have all your ducks in a row for your continuing education?

Affordably priced home study and online programs.

- Stretching Anatomy (7 CE’s) $60
- Diseases and Massage Protocol
  - Arthritis (2 CE’s) $20
  - Cancer (2 CE’s) $20
  - Cardiovascular Disease (2 CE’s) $20
  - Diabetes (2 CE’s) $20
  - Multiple Sclerosis (2 CE’s) $20
- Medical Massage Series
  - (all 5 programs) $80!

Business Law and Ethics (4 CE’s) $30
Facilitated Stretching (10 CE’s) $80
Flexitest (7 CE’s) $60
Healthy Eating Every Day (10 CE’s) $80
How to Grow Your Business During a Tough Economy (4 CE’s) $30
Kinetic Anatomy (16 CE’s) $150
Low Back Disorder (12 CE’s) $120
Roles and Boundaries (2 CE’s) $20
Sports Massage and Stretching Techniques (6 CE’s) $50
# 2013 Continuing Education Calendar

Visit our website at www.medicalartsschool.com for updated classes

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATE</th>
<th>TIME</th>
<th>TUITION</th>
<th>CE</th>
<th>INSTRUCTOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Stones</td>
<td>1/13</td>
<td>8:30-5:30</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Zero Balancing I</td>
<td>1/17-1/20</td>
<td>9:00-5:00</td>
<td>$545/$595</td>
<td>25</td>
<td>Cindy Allred-Jackson</td>
</tr>
<tr>
<td>Aromatherapy for the Respiratory System</td>
<td>1/27</td>
<td>9:00-6:00</td>
<td>$160+$25</td>
<td>8</td>
<td>Diana Scammell</td>
</tr>
<tr>
<td>Accessing the Power of Traditional Bodywork Systems</td>
<td>1/26</td>
<td>9:30-6:00</td>
<td>$145</td>
<td>7</td>
<td>Nancy Toner Weinberger</td>
</tr>
<tr>
<td>Ethics: Giving and Receiving Feedback from Clients &amp; Colleagues</td>
<td>1/27</td>
<td>9:30-12:30</td>
<td>$55</td>
<td>3</td>
<td>Nancy Toner Weinberger</td>
</tr>
<tr>
<td>Marketing - Word Crafting</td>
<td>1/27</td>
<td>2:00-4:00</td>
<td>$35</td>
<td>2</td>
<td>Nancy Toner Weinberger</td>
</tr>
<tr>
<td>Level II CranioSacral Therapy: Going Deeper</td>
<td>2/1-2/17</td>
<td>9:00-5:00</td>
<td>$280</td>
<td>14</td>
<td>Diana Scammell</td>
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<tr>
<td>Fascial Conduction I</td>
<td>2/16/17-2/17</td>
<td>1-6-10-6</td>
<td>$200</td>
<td>12</td>
<td>Libby Outlaw</td>
</tr>
<tr>
<td>MLD Certification Course</td>
<td>2/18-2/23</td>
<td>8:30-5:30</td>
<td>$850/$950</td>
<td>45</td>
<td>Nicola McGill</td>
</tr>
<tr>
<td>Level I ACE Massage Cupping</td>
<td>3/1-3/3</td>
<td>9:00-5:30</td>
<td>$350/$395</td>
<td>22</td>
<td>Anita Shannon</td>
</tr>
<tr>
<td>Hot Stones</td>
<td>3/10</td>
<td>8:30-5:30</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Access Bars</td>
<td>4/7</td>
<td>9:00-6:00</td>
<td>$200</td>
<td>8</td>
<td>Diana Scammell</td>
</tr>
<tr>
<td>Kinesio Taping 1 &amp; 2</td>
<td>4/13-4/14</td>
<td>8:00-5:30</td>
<td>$279-$1089</td>
<td>8-32</td>
<td>Pete Pfannerstill</td>
</tr>
<tr>
<td>Kinesio Taping 3 &amp; 4</td>
<td>6/22-6/23</td>
<td>8:00-5:30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teacher Training Intensive</td>
<td>4/19-4/21</td>
<td>9:30-6:00</td>
<td>$400</td>
<td>21</td>
<td>Nancy Toner Weinberger</td>
</tr>
<tr>
<td>Reiki I</td>
<td>4/24-4/28</td>
<td>9:00-4:00</td>
<td>$240</td>
<td>12</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Aromatherapy for the Mind, Body and Spirit</td>
<td>6/7</td>
<td>8:30-5:30</td>
<td>$120.00</td>
<td>8</td>
<td>Wolfgang Luckmann</td>
</tr>
<tr>
<td>Lomi Lomi w/Aromatherapy</td>
<td>6/8-6/9</td>
<td>8:30-5:30</td>
<td>$250</td>
<td>18</td>
<td>Wolfgang Luckmann</td>
</tr>
<tr>
<td>Mercier Therapy Training</td>
<td>6/14-6/16</td>
<td>9:00-5:00</td>
<td>$895</td>
<td>20</td>
<td>Dr. Jennifer Mercier</td>
</tr>
<tr>
<td>Integrative Reflexology</td>
<td>6/28-7/30</td>
<td>9:00-6:00</td>
<td>$400/$450</td>
<td>24</td>
<td>Claire Marie Miller</td>
</tr>
<tr>
<td>Nurturing the Mother</td>
<td>8/9-8/11</td>
<td>9:00-6:00</td>
<td>$450/$495</td>
<td>24</td>
<td>Claire Marie Miller</td>
</tr>
<tr>
<td>Intro to Myofascial Release</td>
<td>9/14-9/15</td>
<td>8:30-5:30</td>
<td>$320</td>
<td>16</td>
<td>Ann-Margaret Staley</td>
</tr>
<tr>
<td>Scar Tissue Release and Integrated Therapies (STRAIT) Method</td>
<td>9/21-9/22</td>
<td>8:30-5:00</td>
<td>$345/$445</td>
<td>12</td>
<td>Marjorie Brook</td>
</tr>
<tr>
<td>Bindegewebsmassage: Basic</td>
<td>9/21-9/22</td>
<td>2:30-6:30</td>
<td>$275</td>
<td>16</td>
<td>Nancy Toner Weinberger</td>
</tr>
<tr>
<td></td>
<td>9/28-9/29</td>
<td>9:30-1:30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Listening to the Body:</td>
<td>9/28-9/29</td>
<td>9:00-5:00</td>
<td>$280</td>
<td>14</td>
<td>Diana Scammell</td>
</tr>
<tr>
<td>A CranioSacral Therapy Approach</td>
<td>9/30-10/1</td>
<td>9:00-4:00</td>
<td>$240</td>
<td>12</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Indian Head, Face and Foot Massage with Ayurvedic Oils</td>
<td>10/4</td>
<td>8:30-5:30</td>
<td>$120</td>
<td>8</td>
<td>Wolfgang Luckmann</td>
</tr>
<tr>
<td>Treating Fibromyalgia, Chronic Fatigue and Depression</td>
<td>10/5-10/6</td>
<td>8:30-5:30</td>
<td>$250</td>
<td>18</td>
<td>Wolfgang Luckmann</td>
</tr>
<tr>
<td>Medicupping</td>
<td>10/21</td>
<td>9:00-5:30</td>
<td>$350/$395</td>
<td>22</td>
<td>Shannon Gilmartin</td>
</tr>
<tr>
<td>Hot Stones</td>
<td>10/13</td>
<td>8:30-5:30</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Integrated Therapeutic Stretching</td>
<td>10/19-10/20</td>
<td>8:30-6:00</td>
<td>$345/$445</td>
<td>16</td>
<td>Marjorie Brook</td>
</tr>
<tr>
<td>Fascial Conduction II</td>
<td>10/26-10/27</td>
<td>1-6-10-6</td>
<td>$200</td>
<td>12</td>
<td>Libby Outlaw</td>
</tr>
<tr>
<td>Assessment &amp; Release of the Psos</td>
<td>10/27</td>
<td>8:00-5:00</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
</tr>
<tr>
<td>Massage for People living w/Cancer</td>
<td>11/1-11/3</td>
<td>9:00-6:00</td>
<td>$425/$475</td>
<td>24</td>
<td>Gayle MacDonald</td>
</tr>
</tbody>
</table>

Offering Day & Evening CE’s Quarterly in: Chair Massage (24), Reflexology (24), Licensing Exam Review (16), & Ethics (3)
Visit www.gwinnetcollege.edu for CE classes offered online and in Georgia.
**12 CE SPECIAL OFFER!**

If you are a new graduate and only need 12 hours of CE, this set of classes is perfect for you! Or supplement these 12 hours with some online learning for your full 24 hours.

**January 26 & 27, Tuition $225 for all three classes. Or take each class individually.**

**Jan 26 Assessing the Power of Traditional Bodywork Systems, 7CE, Cost: $145**
- Swedish massage is the bread and butter of every massage therapy practice. Discover the difference between an outstanding Swedish massage that will keep you booked solid and one that's just adequate. Lecture/discussion & hands-on.

**January 27 Ethics: Giving and Receiving Feedback from Colleagues, 3CE Cost: $85**
- Build your practice and increase your income through participating in some simple exercises to help you reach that excitement inside you, that love of the work, and express it to others in both verbal and written form.

**January 27 Word Crafting, 2CE in marketing Cost: $35**
- It's fun! It's easy! And it works!

Also offered this Fall in Rutherfordton, Raleigh, Wilmington & Cary

**Bindegewebsmassage Basic**
- April 7, 8 & April 12, 13
- April 8, 9 & April 13, 14
- April 14, 15 & April 19, 20
- April 21, 22 & April 26, 27

Get a basic understanding of the connective tissue in the human body. Treat inflammatory conditions of the bowel, reflux, deep abdominal adhesions, menstrual problems, frozen shoulder, blood pressure, headaches, joint diseases, backache, muscle restrictions, and anything that ends with “-itis.” Treatments engage the reflexes of the connective tissue and the autonomic nervous system to bring on powerful healing responses in the body. Given in a seated position, the client wears underwear and a hospital gown.

**16 CE hours, $275 + $20 material fee.**

**Instructor:** Nancy Toner Weinberger
- NCBTMB CE Provider 410519-00
- Information: www.dynamicequilibrium.com/Bindegewebsmassage
- Registration 704 221 5872

**Bundled price $495 Save $300**
Body Therapy Institute

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Visit our website for complete 2013 workshop information and registration: [www.bti.edu](http://www.bti.edu)

| Teacher Skills Seminars: The Role of Boundaries in Effective Classroom Management | Center for Embodied Teacher Ed. | 7 hrs | March 7, 2013 |
| Holistic Aromatherapy Level 1: Introduction to the Aromatic World | Cynthia Loving | 14 hrs | March 21-22 |
| Nurturing the Mother: Pregnancy Massage Certification | Claire Marie Miller | 24 hrs | April 4-6 |
| Mana Wai Ola: Introduction to Traditional Hawaiian Healing Arts | S. Puulani Gillespie | 21 hrs | April 10-12 |
| Keys to an Ethical and Successful Practice | Kevin Powell | 6 hrs | April 22-26 |
| Teacher Boot Camp – with Carey Smith, Todd Boyd & Beverly Johnson | Center for Embodied Teacher Ed. | 21 hrs | April 19-21 |
| Medical Massage Certification Program: Cervical, Lumbar & Pelvic Regions | Ralph Stephens | 21 hrs | April 26-28 |
| Oncology Massage Therapy: Caring for Clients with Cancer | Tracy Walton & Julie Streeter | 32 hrs | May 2-5 |
| Incorporating Therapeutic Stretching for your Massage Clients | Beverly Johnson | 14 hrs | May 9-10 |
| Holistic Aromatherapy Level 2: The Impact of Aromatherapy on Body Systems | Cynthia Loving | 14 hrs | May 30-31 |
| Medical Massage Certification Program: Abdominal Wall, Shoulder Girdle & Upper Ext. | Ralph Stephens | 21 hrs | June 7-9 |
| Teacher Skills Seminars: Best Practices for Teaching Hands-on Courses | Center for Embodied Teacher Ed. | 7 hrs | June 20 |
| Optimal Body Mechanics with the The Way of Ease* | Beverly Johnson | 7 hrs | July 25 |
| Introduction to Sound Healing | Kevin Powell | 14 hrs | July 27-28 |
| Muscle Reflexology with Meridians | Claire Marie Miller | 14 hrs | August 1-2 |
| Healing Touch – Level 1 | Deborah Larrimore | 18 hrs | August 8-10 |
| Integrative Reflexology® Certification Intensive | Claire Marie Miller | 20 hrs | August 22-24 |
| Hot Rockin’ Reflexology plus Sweet Feet Aromatherapy | Claire Marie Miller | 7 hrs | August 25 |
| Bamboo-Fusion* | Ivy Jo Staton | 14 hrs | September 5-6 |
| The Spirit of Learning* – Teacher Certification Program for Massage & Somatic Educators | Center for Embodied Teacher Ed. | 100 hrs | Begins Sept. 13, 2013 |
| Teacher Skills Seminars: Motivating Students through the Cycles of Learning | Carey Smith | 7 hrs | September 19 |
| Elements of Therapeutic Communication | Jeanne Van Gemert | 7 hrs | October 3 |
| Medical Massage Certification Programs: Lower Extremity plus Side-lying Work | Ralph Stephens | 21 hrs | October 4-6 |
| Neural-Reset Therapy* | Ralph Stephens | 14 hrs | October 10-11 |
| The New Science of the Body: Bringing the Latest Research to your Table | Tim Myers | 14 hrs | October 17-18 |
| The Art of Movement in Massage Therapy | Toby Matthews | 14 hrs | October 24-25 |
| Advanced Myofascial Therapy – BTI Certification Program | John McKelvey | 100 hrs | Begins Dec. 9, 2013 |

Center for Embodied Teacher Education – Directed by Carey Smith

A comprehensive schedule of courses for teacher training and educational leadership

NCBTMB Approved CE Provider #450319-05 | Accredited by COMTA

Contact BTI: 888-500-4500 (TOLL-FREE) | 300 Southwind Road, Siler City, North Carolina 27344
This six level (two days each level) certification program is founded on the fact that Nature has provided the tools to assist us in maintaining robust health or regaining good health once it has been jeopardized. The first level of defense and healing is our own internal pharmacy. The second level is the use of plants to assist us in this job. Come learn to safely and effectively use some of Nature’s most powerful tools, Essential Oils. Join us on this journey, the rediscovery of an ancient healing modality.

The Level 1 class is a pre-requisite for all other classes. After taking Level 1 we recommend you take the classes in numerical order. However, you can take Levels 2 through 5 in any sequence you desire. Level 6 must be the final class taken in this series.

Level 1 . . . Introduction to The Aromatic World
Level 2 . . . Aromatherapy: Its Impact on The Systems of the Body (pre-requisite: Level 1)
Level 3 . . . Emotions, Mind, Mood, Personality, Spirituality (pre-requisite: Level 1)
Level 4 . . . Blending, the Chemistry Of It All (pre-requisite: Level 1)
Level 5 . . . Strength, Length, Nature of Treatment: Methods of Application (pre-requisite: Level 1)
Level 6 . . . Deepening The Level of Understanding & Professionalism (pre-requisite: Levels 1-5)

Each 2 day class offers 14 CE’s to Licensed Massage & Bodywork Therapists through NCBTMB (#280770-00). Conducting ongoing classes — to receive a brochure or to register please visit our website at www.LovingScents.com or call us at 336-294-7727.

TEACHING AND PRESENTATION SKILLS

M A R I E M I L L E R S E M I N A R S

Pregnancy Massage • Fertility Massage • Integrative Reflexology

Nurturing the Mother Certification • NTM • (24CEs)
Integrative Reflexology Certification • IR • (24CEs)
Fertility Massage Specialist Certification • FM • (24CEs)
Hot Rockin’ Reflexology & Swot Feet Aromatherapy • HRSF • (7CEs)
Muscle Reflexology w/ Moridians • MM • (14 CE)
Lymph-Reflex Detox • LRD • (14 CE)

Feb 8-10 • IR • Plantation Resort • Myrtle Beach, SC w/ Ellen Brady
March 1-3 • NTM • Forsyth Tech • Winston-Salem, NC
March 8-10 • NTM • Plantation Resort • Myrtle Beach, SC w/ Ellen Brady
March 9 & 10 • LRD • Therapeutic Massage Training Institute • Charlotte, NC
March 22-24 • IR • NC Massage School • Cornelius, NC
April 5-7 • NTM • Body Therapy Institute • Siler City, NC
April 12-14 • IR • Institute for Massage Therapists • Rockford, VA
May 9-10 • MM • Body Therapy Institute • Siler City, NC
June 28-30 • IR • Medical Arts • Raleigh, NC
July 10 & 11 • LRD • Claire’s House • Chapel Hill, NC
July 12-14 • FM • Claire’s House • Chapel Hill, NC
July 13-21 • FM • Sancy Springs, GA • Gwinnett College
July 26-28 • NTM • Institute for Massage Therapists • Richmond, VA
August 9 & 10 • NTM • Medical Arts • Raleigh, NC
August 22-24 • IR • Body Therapy Institute • Siler City, NC
August 25 • HRSW • Body Therapy Institute • Siler City, NC
Oct 18-20 • NTM • NC Massage School • Cornelius, NC
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Receive monthly reminder E-Mails about upcoming classes advertised in the PERG!
Send an email to PERG.CEMassage@gmail.com with your name, email address, and the state you are licensed in and we will keep you up to date with less than 12 E-Mails a year!