Dear Colleagues,

The recent proliferation of organizations participating in standards-setting and policy-making for the massage and bodywork profession is hard for us all to keep up with. Regardless of whether or not we need them all, these organizations are ruling your life- and you don’t get to vote. However, you can write letters and emails about upcoming decisions that are going to affect you and your practice. Many decisions about continuing education are slated to be made by the policy-makers and ruling bodies in the next year or so, so visit some websites and express yourself- it’s important!

Here’s a short summary of who’s who in the therapeutic massage and bodywork organization world:

We have State Licensure Boards, whose mission is to protect the public. We have the Federation of State Massage Therapy Boards (FSMTB), whose members are the state boards that choose to join; the FSMTB’s mission is to support massage licensing boards.

We have therapist professional organizations, such as the AMTA (American Massage Therapy Association) and ABMP (Associated Bodywork & Massage Professionals), whose mission is to serve member therapists and promote the profession to the public. We have credentialing organizations such as the National Certification Board for Massage Therapy & Bodywork (NCBTMB) - their goal is to advance the standards of the profession, which they do through offering advanced certification in massage therapy and bodywork, and approving teachers who provide continuing education for massage therapists and bodyworkers.

Support for massage schools and massage school teachers is provided by the AMTA Council of Schools, ABMP, NCBTMB, and the Alliance for Massage Therapy Education (AFMTE).

I will post issues and links on the PERG facebook page to make it easier for you to stay current with proposals affecting you. Like the page in order to be notified of new issues posted. I feel this is very important, and a critical time for us all to be aware and to participate. Thank you for paying attention!

Sincerely,

Nancy Toner Weinberger, Publisher

About the PERG

The Professional Education & Resource Guide is an easy reference for continuing education opportunities for massage therapists and bodyworkers.

The PERG offers a variety of ways to select courses that meet your continuing education needs. Browse the pages of advertisements to discover opportunities to enhance your skills and explore new and exciting theories and approaches. Or look up the dates you are available to take classes in the index at the back of the guide and choose from among those listings.

Next Issue January 2013

The North Carolina Edition of the PERG is mailed free of charge to licensed massage therapists and bodyworkers, so keep your address up to date with your state massage board to ensure you receive each and every copy.

The Professional Education & Resource Guide is also published in Georgia, South Carolina, Tennessee, Virginia, West Virginia, Washington DC, Maryland, and Illinois. You can view all the current editions of the PERG at www.PERG-CEMassage.com
Teaching and Presentation Skills

Nancy Toner Weinberger, Instructor

Teaching Teachers how to teach Adult Learners since 1985.

NEW!

TEACHING! GETTING STARTED.
Explore opportunities, create a personal plan, and gain some basic knowledge of generally accepted teaching methods.
August 3 & 4: Asheville, NC 14 CE Tuition $250
To register contact the Asheville School of Massage & Yoga: (828) 252-7377

Become a Continuing Education Provider
or just teach like one...
TEACHING SKILLS FOR THE WORKSHOP LEADER
Personalized help developing your class in a small group setting.
4 days in Raleigh, NC; March 2013

Also offered...
TEACHER TRAINING INTENSIVE
On-site training for massage school faculties

For complete course descriptions and registration information:
www.DynamicEquilibrium.com
919-562-1548 weinberger@ Mindspring.com

This six level (two days each level) certification program is founded on the fact that Nature has provided the tools to assist us in maintaining robust health or regaining good health once it has been jeopardized. The first level of defense and healing is our own internal pharmacy. The second level is the use of plants to assist us in this job. Come learn to safely and effectively use some of Nature’s most powerful tools, Essential Oils. Join us on this journey, the rediscovery of an ancient healing modality.

The Level 1 class is a pre-requisite for all other classes. After taking Level 1 we recommend you take the classes in numerical order. However, you can take Levels 2 through 5 in any sequence you desire. Level 6 must be the final class taken in this series.

Level 1 . . . Introduction to The Aromatic World
Level 2 . . . Aromatherapy: Its Impact on The Systems of the Body (pre-requisite: Level 1)
Level 3 . . . Emotions, Mind, Mood, Personality, Spirituality (pre-requisite: Level 1)
Level 4 . . . Blending, the Chemistry Of It All (pre-requisite: Level 1)
Level 5 . . . Strength, Length, Nature of Treatment: Methods of Application (pre-requisite: Level 1)
Level 6 . . . Deepening The Level of Understanding & Professionalism (pre-requisite: Levels 1-5)

Each 2 day class offers 14 CE’s to Licensed Massage & Bodywork Therapists through NCBTMB (#P28770-00). Conducting ongoing classes — to receive a brochure or to register please visit our website at www.LovingScents.com or call us at 336-294-7727.

For complete course descriptions and registration information:
www.DynamicEquilibrium.com
919-562-1548 weinberger@mindspring.com

Approved Provider # 410512-90

UPCOMING CLASSES

June 16-17  Level 1  Concord, NC
June 23-24  Level 2  Greensboro, NC
July 21-22  Level 1  Greensboro, NC
August 4-5  Level 4  Greensboro, NC
August 11-12  Level 1  Cary, NC
September 8-9 Level 5  Greensboro, NC
Sept 29-30 Level 2  Greensboro, NC
October 20-21 Level 1  Greensboro, NC
November 3-4  Level 3  Greensboro, NC
December 1-2  Level 6  Greensboro, NC

Please see our website:
www.LovingScents.com for more information.

LovingScents
Clinical Aromatherapy
CERTIFICATION PROGRAM

Cynthia Loving
INTERNATIONAL INSTRUCTOR
1203-F Brandt Street  Greensboro, NC 27407
(336) 294-7727 www.LovingScents.com

Offering Therapeutic Grade Essential Oils and Quality Aromatherapy Supplies

This six level (two days each level) certification program is founded on the fact that Nature has provided the tools to assist us in maintaining robust health or regaining good health once it has been jeopardized. The first level of defense and healing is our own internal pharmacy. The second level is the use of plants to assist us in this job. Come learn to safely and effectively use some of Nature’s most powerful tools, Essential Oils. Join us on this journey, the rediscovery of an ancient healing modality.

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Back to Carolina in 2012

Deep Tissue Workshops
Greensboro, Chapel Hill & the scenic Grove Park Inn in Asheville

Save your hands with our "NO THUMBS" approach & learn CORE BODY MECHANICS to prolong your career!

12 NEW Deep Tissue Techniques for 2012
7CE • $159
9/20 Asheville (8 CE) • 9/30 Greensboro • 10/14 Chapel Hill

21 Deep Tissue Techniques to Enliven Your Practice
14CE • $299
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Deep Tissue Made Easy
8CE • $159
9/17 Asheville

“Where It Is, It Ain’t”:
Successfully Treating Lower Back Pain
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9/21 Asheville

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intelligent massage
2012 Workshops

2012 Workshops held in Asheville, North Carolina

Level I: • ACE Massage Cupping: July 21-23
• ACE Massage Cupping: Oct. 20-22

Level II: • ACE Massage Cupping: July 28-30

Level III: • ACE MediCupping™: Sept. 22 - 24
• ACE MediCupping™: Dec. 8 - 10

All Classes are 22 CE Units

Want a Fun, Results-Oriented Class?
Discover gentle, non-invasive techniques that achieve powerful results!

Convention Appearances 2012

Aug 19-22 - World Massage Festival - Las Vegas, NV
Aug 23-26 - Florida Chiropractic Assoc. - Orlando, FL
Oct 6-8 - American Massage Therapy Assoc. - Raleigh, NC
Oct 12-14 - Canadian Massage Conference - Niagara Falls, Canada
Nov 11-12 - Southern Spa & Salon Conference - Hickory, NC

Holotropic Breathwork

with Bob Ostrum, NCMATB # 451656-11

A natural and safe technique to expand awareness and access extraordinary states of consciousness developed by Stanislav Grof. The experience opens us to explore the deepest levels of our being. The process accesses unfinished issues, events, blockages, transpersonal experiences, and much more.

Great healing potential.

Oct 13 | Nov 11 | Dec 8 - Mebane, NC (10 CE)

Deep Abdominal Massage

Review the anatomy of the abdomen, video and “live” demonstration of techniques followed by practice.
Benefits: melts adipose tissue, increases blood flow, reduces lower back strain, and more.

Sep 9 - Mebane, NC | Oct 22 - Greensboro, NC (8 CE)

Touch for Health 1

Hands-on touch techniques using “muscle testing” to balance the body. Learn meridian energy flow. Benefits: accelerates recovery, relieves stress, increases co-ordination, vision, sensory input, posture, and more. Internationally recognized curriculum.

Sep 22 & 23 - Greensboro, NC | Nov 3 & 4 - Mebane, NC (15 CE)

Visit www.holoquest.org for a full listing of all classes.

bob@holoquest.org 336-578-4777

CLAIRE MARIE MILLER SEMINARS

Pregnancy Massage • Fertility Massage • Integrative Reflexology

Nurturing the Mother Certification (24 CE)
Safe, effective therapeutic massage for pregnancy, labor and postpartum. Infant massage included.

2012
July 27-29 - Institute of Massage Therapies - Richmond, VA
Aug 3-5 - The Medical Arts School - Raleigh, NC
Aug 17-19 - Gwinnett College - Sandy Springs, GA
Oct 19-21 - Therapeutic Massage Training Institute - Charlotte, NC
Nov 12-14 - Holistic Massage Training Institute - Baltimore, MD
Dec 2-4 - Beach House • Topsail Beach, NC

Fertility Massage Specialist Certification (16 CE)
Create a healthy environment to support the most precious journey for your clients.

2012
Oct 15 & 16 - Private Home - Memphis, TN
Nov 15 & 16 - Holistic Massage Training Institute - Baltimore, MD
Dec 5 & 6 - Beach House • Topsail Beach, NC

Claire Marie Miller is a 2010 Massage Hall of Fame inductee, innovator in the field, and educator for over 33 years.

Students are drawn to Claire’s ability to create a nurturing environment, integrating sacredness with skill.

Integrative Reflexology Certification (24 CE)
The most innovative approach to reflexology that is easy on the hands. Become certified by the end of the weekend.

2012
July 21 & 22 - IR Spa - Georgia School of Massage - Suwanee, GA (16 CE)
Aug 23-24 - Body Therapy Institute - Siler City, NC
Sept 4-6 - Holistic Massage Training Institute - Baltimore, MD
Sept 28-30 -Shenandoah Valley School of Therapeutic Massage - Edinburg, VA
Oct 13 & 14 - IR Spa - Massage Institute of Memphis - Memphis, TN (16 CE)
Oct 23-25 - Beach House • Topsail Beach, NC

Hot Rockin’ Reflexology & Sweet Feet Aromatherapy (7 CE)
Aromatherapy and heated basalt rocks create a highly therapeutic reflexology session.

2012
Aug 26 - Body Therapy Institute - Siler City, NC
Sept 7 - TBA - Baltimore, MD
Sept 9 - Institute of Massage Therapies - Richmond, VA
Oct 28 - Beach House • Topsail Beach, NC

Muscle Reflexology w/ Meridians (14 CE)
Relieve muscular tension through muscle reflex on the foot.
These muscles are related to the meridians and will amplify the results

2012
Oct 26 & 27 - Beach House • Topsail Beach, NC

Information & Registration: 877.319.5772 • info@clairemarie.com
www.clairemarie.com

National Certification Board for Therapeutic Massage and Bodywork (NCBMB) approved continuing education provider # 46355-00
Bindegewebsmassage
Medical Massage
A reflexive therapy of the connective tissue from Germany. Treat inflammatory conditions of the bowel, reflux, deep abdominal adhesions, menstrual problems, frozen shoulder, blood pressure, headaches, joint diseases, backache, muscular restrictions, and anything that ends with “-itis.”

Treatments engage the reflexes of the connective tissue and the autonomic nervous system to bring on powerful healing responses in the body. Given in a seated position, the client wears underwear and a hospital gown.

Bindegewebsmassage: Basic
Each course meets 2 consecutive days for 2 4-hour classes, followed by a break, and then 2 more consecutive days for 2 4-hour classes. Tuition $275 plus a $20 materials fee. 16 CE

INSTRUCTOR: Nancy Toner Weinberger, bodyworker of 35 years, is an accomplished Trager® practitioner who trained directly with Dr. Milton Trager. She has a strong and varied background in massage, energy work, and mind/body health concepts. Known for her down-to-earth, easygoing, practical teaching style, she has been teaching adult learners for more than 30 years.

RUTHERFORDTON
Freedom Bodywork
(Front of the Body)
Thera-ssage 9/7-9/9
To register: 828-888-3727

GREENSBORO
Bindegewebsmassage: Basic
Kneaded Energy School of Massage
9/14, 9/15, 9/21, 9/22
Fri eve & Sat morn
To register: 336-273-1260

RALEIGH/CARY
Freedom Bodywork
(Back of the Body)
The Healing Arts & Massage School
8/10-8/13
To register: 919-821-1444

Freedom Bodywork
Let yourself out of the box!
Let your work become play, and gain longevity in your bodywork career. Discover this light, free way of working that melts away client pain and tension. Your clients will love you for it!

Level 1 Back of the Body (Back, shoulders, hips, legs)
Level 1 Front of the body (Neck, rib cage, abdomen, legs, feet)
Tuition $395 each 3-day class. (21CE)
These classes have been previously titled Manifest Mind.

Ethics: Being on the Board
Learn about the NC Board disciplinary process by actually being a Board Member and trying a real case against a LMBT! 3 CE (unless otherwise noted)

Trager® Mentastics® for Self-Care
Spend a morning learning simple movements that can restore and refresh your body after and during working. Ease low-back pain, release shoulder strain, open the wrist, and more. Tuition: $65.00; 4CE

www.DynamicEquilibrium.com
309 Oakwood Court, Youngsville, NC 27596
919-562-1548  weinberger@mindspring.com

*See the Teaching and Presentation Skills ad on page 1 or visit www.dynamicequilibrium.com.
This effective, integrated approach to hot stone therapy will enable you not only to give a great hot stone massage but also to enhance stone massage with principles of aromatherapy, acupressure & reflexology.

A modality both you and your clients will love!

2-Day 16 CE hr Live Workshops

**Instructor:** Sabrina Smith, LPN, LMBT
NCBTMB approved provider # 450874-08

Visit: www.IntegratedSpa.com
(828)-421-2566
AMTA’s National Convention is in your backyard!
Join us for:
• Over 35 continuing education courses approved by NCBTMB
• Inspiring keynote speaker and founder of Girls on The Run, Molly Barker
• The most extensive exhibit hall in the profession
• Networking with peers and other thought leaders in the profession
Visit amtamassage.org/2012convention to view schedule, courses and to register. Questions? Contact convention@amtamassage.org.

Not an AMTA member yet?
Call 877.905.2700 and mention promotion code Elevate12 for special membership and convention pricing!

Continuing Education Credit
The American Massage Therapy Association is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. All courses are submitted for state continuing education credit, if appropriate.
The benefits of massage, yoga, and energy work in one nurturing dance

Robert Wootton PhD, LMBT has practiced Thai for 25 years and taught workshops for 15. He lived in Thailand for 6 years, speaks the language, knows the culture and religion, and was one of the first Americans to study with Thai masters of Nuat Boran.

NCBTMB Provider 288981-00

Robert’s courses offer:
- Small Class Size  
- Smooth-flowing Routine
- Step-by-step Guidance  
- Completely Experiential
- Gentle Style of Thai with Deeper Effects
- Booklet Picturing All Moves in Sequence

828-645-0647 www.ThaiBodywork.info

2012 SCHEDULE:

<table>
<thead>
<tr>
<th>Course</th>
<th>CE hours</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>Reflexology</td>
<td>10</td>
<td>July 14-15</td>
</tr>
<tr>
<td>Traditional Thai Foot Massage</td>
<td>7</td>
<td>July 20</td>
</tr>
<tr>
<td>Thai Massage: Side Position</td>
<td>16</td>
<td>July 21-22</td>
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<tr>
<td>BioMagnetics</td>
<td>10</td>
<td>July 21-22</td>
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<tr>
<td>Reiki Second Degree</td>
<td>10</td>
<td>July 28-29</td>
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<tr>
<td>Expression of the Lymph</td>
<td>10</td>
<td>Aug 4-5</td>
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<tr>
<td>Freedom Bodywork (Manifest Mind)</td>
<td>21</td>
<td>Aug 10-12</td>
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<tr>
<td>Aromatherapy</td>
<td>10</td>
<td>Aug 25-26</td>
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<tr>
<td>Holistic Nutrition Theory</td>
<td>8</td>
<td>Aug 25-26</td>
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<tr>
<td>Reiki First Degree</td>
<td>10</td>
<td>Aug 25-26</td>
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<tr>
<td>Holistic Communication</td>
<td>10</td>
<td>Sept 8-9</td>
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<tr>
<td>Hot Stone Massage</td>
<td>16</td>
<td>Sept 15-16</td>
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<tr>
<td>Safe and Compassionate Massage</td>
<td>14</td>
<td>Sept 22-23</td>
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<td>For Clients with Cancer</td>
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<tr>
<td>Therapeutic Value of Herbs</td>
<td>8</td>
<td>Sept 29-30</td>
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<tr>
<td>Oriental Massage &amp; Eastern Philosophy</td>
<td>10</td>
<td>Sept 29-30</td>
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<tr>
<td>Thai Massage</td>
<td>21</td>
<td>Oct 5-7</td>
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<tr>
<td>Ethics for North Carolina Professionals</td>
<td>4</td>
<td>Oct 13</td>
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<td>Ethics - Standard V</td>
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<td>Oct 14</td>
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<tr>
<td>Lymphatic Massage</td>
<td>16</td>
<td>Oct 20-21</td>
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<td>For Compromised Systems</td>
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<tr>
<td>Medications and Massage</td>
<td>5</td>
<td>Oct 21</td>
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</tbody>
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Healing From the Heart Through the Art of Touch

Everyone functions in accordance with a unique innate energetic blueprint, the Innate Intelligence. When we are free from stress, real or imagined, healing is a natural progression of life’s experience. Life experiences are sustained by dynamic electrochemical, magnetic interactions that are effected by mental, emotional and physical conditions.

The Healing Arts and Massage School, LLC is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider (# 331623-00).

Visit the School’s Web Site for a Complete List of Classes and Calendar with Online Registration

The Healing Arts and Massage School
2113 Cameron Street, Suite 233 Raleigh, NC 27605 (919) 821-1444 www.healingartsschool.com
**Deep Tissue with a Gentle Touch** - The science of anatomy meets energy based therapy principles. Hands on experiential class will provide an integrative approach to the science of deep tissue massage and a conceptual structure for feeling the energy connection during deep tissue work. Learn how to provide a deeper yet gentle application of deep tissue techniques by incorporating an energetic framework. *NCBTMB Approved Provider # 451584-11*  

<table>
<thead>
<tr>
<th>Instructor</th>
<th>CE Hrs</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Dianne Willett</td>
<td>14</td>
<td>July 28-29</td>
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</table>

**Introduction to the Aromatic World** - This foundation level will introduce the basics of holistic aromatherapy; history; recent research; production of essential oils; general properties, quality and purity; basic methods of application; physical effects of essential oils and pathways through the body; and the safe and effective use of this modality. *NCBTMB Approved Provider # 280770-00*  

<table>
<thead>
<tr>
<th>Instructor</th>
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<tbody>
<tr>
<td>Cynthia Loving</td>
<td>14</td>
<td>August 11-12</td>
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</table>

**Indian Head Massage for Table and Chair** - This method is not meant to be curative, but rather preventative and to reduce the progress of prevailing conditions of illness. Indian mothers for over 4000 years have given weekly Indian Head massages to their children. The points balance the chakras and clear energy blockages. Indian Head massage supports the nervous system by alleviating stress, stimulating the lymphatic system, encouraging the elimination of toxins; increasing oxygen uptake in tissues and improving concentration. *NCBTMB Approved Provider # 307802-00*  

<table>
<thead>
<tr>
<th>Instructor</th>
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<th>Dates</th>
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<tbody>
<tr>
<td>Lolita Knight</td>
<td>8</td>
<td>September 15</td>
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</table>

**Soft Touch Island Massage** - A whole new way of providing deep relaxation massage developed from experiences with island massage from Fiji and Tonga. Strokes are completed using the hands, fingertips and forearm. As the title suggests, this is a soft touch, not to be confused with mindless fluff massage. *NCBTMB Approved Provider # 307802-00*  

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<tbody>
<tr>
<td>Lolita Knight</td>
<td>5</td>
<td>September 16</td>
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</table>

**Reiki II** - Reiki II attunes the student for healing on the mental and emotional levels. Students learn three Reiki symbols to use for in-person sessions and to work with long distance sessions. Student must have received Reiki I attunements as a prerequisite to taking Reiki II. *NCBTMB Approved Provider # 451584-11*  

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<td>Dianne Willett</td>
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<td>September 29-30</td>
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**The Art and Science of Herbs** - This class is the first in a series of classes designed to teach students the Art & Science of using herbs for health and how to incorporate herbs into your massage practice. Each class is designed to build on the next, but classes can also be taken individually. The first class will discuss how to recognize good quality herbs, and reliable sources of herbal products. Students will learn several herbs for the Nervous System; how to make an herbal infusion and decoction, as well as an herbal infused oil to take home. *NCBTMB Approved Provider # 451584-11*  

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<tr>
<td>Dianne Willett</td>
<td>7</td>
<td>October 13</td>
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**Bindegewebsmassage** - A reflexive therapy of the connective tissue this structured medical massage protocol from Germany is particularly useful for difficult to treat conditions, including most inflammatory conditions, adhesions, digestive issues, menstrual problems, blood pressure migraines, sinus conditions, et al. Treatments engage the reflexes of the connective tissue and the autonomic nervous system to bring on powerful healing responses in the body. *NCBTMB Approved Provider # 410519-00*  

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<th>Dates</th>
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<tbody>
<tr>
<td>Nancy Toner-Weinberger</td>
<td>16</td>
<td>October 19-20, 26 and 27</td>
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</table>

**Ethics** - Being on the Board-Overstepping boundaries is the number one complaint filed against LMBTs. Role-play thorny scenarios of the fictional Board hearing for LMBTs who are facing the complaint/disciplinary process. Play-act the therapist, Board Member or the client who has complained. Learn dynamically! *NCBTMB Approved Provider # 410519-00*  

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<tr>
<td>Nancy Toner-Weinberger</td>
<td>3</td>
<td>October 20</td>
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**Miller-Motte College – Cary, NC** is located just minutes from downtown Raleigh and Cary. It is easily accessible from the major interstates (I-40, I-85 & I-95). The school is also surrounded by numerous restaurants, shopping, and is only 3/10th of a mile from the nearest hotel.
### Bellanova Facelift Massage™ Program

**Growing Boomer Market**  Increase Your Income  Save Your Back

**Bellanova Facelift Massage Course Includes:**
- Incorporates Thai massage, energy release and hot stones
- Gentle stretching of the upper and lower body
- Facial acupressure points, contouring strokes, lymph drainage and taping
- Learn essential home care products ingredients and self-massage techniques to maintain beautiful, glowing skin

**2-Day Seminars**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>CE Credits</th>
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<tbody>
<tr>
<td>Dec. 3-4, 2012</td>
<td>Charlotte, NC</td>
<td>24</td>
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<td>Apr 22-23, 2013</td>
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<td>July 14-15, 2015</td>
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**Fees:**
- $750 (discounts for spas with 4 or more therapists)
- Email us at operations@bellanova.com or call 1-800-235-2344
- For more classes with other instructors, visit us online at www.bellanovainstitute.com

### Mothercare: Massage for Pregnancy, Labor & Postpartum

<table>
<thead>
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<th>Location</th>
<th>Date</th>
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<tr>
<td>Charlotte, NC</td>
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<tr>
<td>Asheville, NC</td>
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### Orthopedic Massage for the Back, Neck & Shoulders

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### Spa Treatments: Body Wraps, Scrubs & Masks

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### Intro to Reflexology

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<tr>
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### Body Mechanics for the Massage Therapist

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<th>Fee</th>
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### Giving Relief to Clients with Sciatica

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<td>Asheville, NC</td>
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### Relieving Carpal Tunnel Pain

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### Sports Massage

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<tbody>
<tr>
<td>Charlotte, NC</td>
<td>10/13/2012</td>
<td>8</td>
<td>$100</td>
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</tbody>
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**Contact us today to register!**

Email us at operations@bellanova.com or call 1-800-235-2344

For more classes with other instructors, visit us online at www.bellanovainstitute.com

---

**Esalen® Massage**

**with Robin Fann-Costanzo**

**Bringing Esalen Massage to the East Coast**

Esalen massage, created at the Esalen Institute in the mid 1960’s, grew out of the work of many of the great 21st century masters of bodywork. It offers a unique approach that gives each practitioner the ability to use all the great skills they have accumulated and infuse their massage with awareness, connection and meaning. Esalen massage is characterized by long flowing integrative strokes, passive joint mobilization, and attention to breath and connection.

- **Introduction to Esalen Massage**
  - June 24-29, 2012 · (26 CEs)
  - Esalen Institute, Big Sur, CA · www.esalen.org

- **Introduction to Esalen Massage**
  - July 20-22, 2012 · (21 CEs)
  - Center for Massage, Asheville, NC · www.centerformassage.com

- **Advanced Esalen Massage**
  - September 14-16, 2012 · (21 CEs)
  - Center for Massage, Asheville, NC · www.centerformassage.com

- **Esalen Massage Retreat**
  - October 12-14, 2012
  - St. Louis, MO · For information, contact Robin at fannrobin@gmail.com

- **Esalen Massage Certification**
  - Coming in 2013, dates TBA · (100 CEs)
  - Location TBA · For information, contact Robin at fannrobin@gmail.com

Robin has been working at the Esalen Institute & Internationally since 1992 as an Esalen massage crew member, instructor, and registered yoga teacher. Esalen NCBTMB Provider (283729-00)

Visit www.esaleninstructor.com for a full listing of classes.

**(803) 553-5253**

**Fawn Cook**

---

**North Pointe Body Therapies**

**Ashiatsu Oriental Bar Therapy**

**The Deepest Most Luxurious Massage on the Planet™**

Our permanent training facility is conveniently located off I-85 in Durham, NC.

Instructor: Julie Marciniak, LMBT #2153 Certified Instructor · NCBTMB Approved Provider #283551-00

- Barefoot Basics - June 21-23, 2012
- Barefoot Basics - August 8-11, 2012
- Barefoot Basics - November 29-Dec 1, 2012
- Barefoot Basics - April 18-20, 2013

**Fees:**
- $477-9887
- www.northpointebodytherapies.com

---

**LMT Education Group**

**imteducationgroup.com**

Approved Provider #451686-11

**Fawn Cook**

**(803) 553-5253**
## Fall 2012 Continuing Education Calendar

Visit our website at [www.medicalartsschool.com](http://www.medicalartsschool.com) for updated classes

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATE</th>
<th>TIME</th>
<th>TUITION</th>
<th>CE</th>
<th>INSTRUCTOR</th>
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<tbody>
<tr>
<td>Active Isolated Stretching:</td>
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<tr>
<td>Part 1: Lower Body</td>
<td>7/7-7/8</td>
<td>8-5</td>
<td>$295 each</td>
<td>16</td>
<td>Roger McNear</td>
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<tr>
<td>Part 2: Upper Body</td>
<td>8/18-8/19</td>
<td>8-5</td>
<td>$840 for all 3</td>
<td>16</td>
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<tr>
<td>Part 3: Trunk &amp; Extremities</td>
<td>9/8-9/9</td>
<td>8-5</td>
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<td>16</td>
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<tr>
<td>Myofascial Sports Massage</td>
<td>7/12-7/13</td>
<td>8-5</td>
<td>$299/$349</td>
<td>16</td>
<td>Pete Pfannerstill</td>
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<tr>
<td>Kinesio Taping 1 &amp; 2</td>
<td>7/14-7/15</td>
<td>8-5:30</td>
<td>$499-$849</td>
<td>16-32</td>
<td>Pete Pfannerstill</td>
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<tr>
<td>Kinesio Taping 3 &amp; 3+</td>
<td>8/4-8/5</td>
<td>8-5:30</td>
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<tr>
<td>Intro to Cranio-Sacral Therapy</td>
<td>7/21-7/22</td>
<td>9-5</td>
<td>$280</td>
<td>14</td>
<td>Diana Scammell RCST</td>
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<td>9/22-9/23</td>
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<td>10/30-10/31</td>
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<tr>
<td>Reiki I</td>
<td>7/28-7/29</td>
<td>8:30-3:30</td>
<td>$240</td>
<td>12</td>
<td>Mary Ann Flournoy</td>
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<tr>
<td>Nurturing the Mother</td>
<td>8/3-8/5</td>
<td>9-6</td>
<td>$450/$495</td>
<td>24</td>
<td>Claire Marie Miller</td>
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<tr>
<td>The Art of Japanese Zen Facial Massage</td>
<td>9/7</td>
<td>9-4</td>
<td>$120</td>
<td>8</td>
<td>Wolfgang Luckmann</td>
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<tr>
<td>Chinese Craniosacral Therapy with Visceral Manipulation &amp; Medical QiGong</td>
<td>9/8-9/9</td>
<td>8:30-5:30</td>
<td>$250</td>
<td>18</td>
<td>Wolfgang Luckmann</td>
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<tr>
<td>Hot Stones</td>
<td>9/16</td>
<td>8:30-5:30</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
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<tr>
<td></td>
<td>10/28</td>
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<tr>
<td>Ethics: Being on the Board</td>
<td>9/23</td>
<td>1-4</td>
<td>$55</td>
<td>3</td>
<td>Nancy Toner Weinberger</td>
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<tr>
<td>Intro to Myofascial Release</td>
<td>9/29/-9/30</td>
<td>8:30-5:30</td>
<td>$320</td>
<td>16</td>
<td>Ann Margaret Staley</td>
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<tr>
<td>Acupressure Theory &amp; Application</td>
<td>10/5</td>
<td>9-4</td>
<td>$120</td>
<td>6</td>
<td>Miles Rowe</td>
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<tr>
<td></td>
<td>11/3</td>
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<tr>
<td>Reiki II</td>
<td>10/6-10/7</td>
<td>8:30-3:30</td>
<td>$240</td>
<td>12</td>
<td>Mary Ann Flournoy</td>
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<tr>
<td>Qi Gong: Self Healing for Bodyworkers</td>
<td>10/19</td>
<td>9-4</td>
<td>$120</td>
<td>6</td>
<td>Miles Rowe</td>
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<tr>
<td></td>
<td>11/2</td>
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<tr>
<td>Tuina: Chinese Massage &amp; Bodywork</td>
<td>10/20</td>
<td>9-4</td>
<td>$120</td>
<td>6</td>
<td>Miles Rowe</td>
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<tr>
<td>Assessment &amp; Release of the Psoas</td>
<td>10/21</td>
<td>8:30-5:30</td>
<td>$160</td>
<td>8</td>
<td>Mary Ann Flournoy</td>
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<tr>
<td>UltraSports Massage Toolbox</td>
<td>10/26-10/28</td>
<td>1-5 Fri</td>
<td>$399/$449</td>
<td>20</td>
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<td>8:30-5:30</td>
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<tr>
<td>Massage for People Living w/Cancer</td>
<td>11/2-11/4</td>
<td>9-6</td>
<td>$425/$475</td>
<td>24</td>
<td>Gayle MacDonald</td>
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<tr>
<td>Waterless Spa Treatments</td>
<td>11/4</td>
<td>9-6</td>
<td>$195/$225</td>
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<tr>
<td>The BodySaver Method</td>
<td>11/9-11/10</td>
<td>8:30-6</td>
<td>$295</td>
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<tr>
<td>Deju vu Ethics Review</td>
<td>11/12</td>
<td>10-1</td>
<td>$65</td>
<td>3</td>
<td>Felicia Brown</td>
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<tr>
<td>Using SOAP Notes to Increase Client Loyalty, Results...&amp; Profits</td>
<td>11/12</td>
<td>2-5</td>
<td>$65</td>
<td>3</td>
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<tr>
<td>Pregnancy Massage Certification</td>
<td>11/11-11/13</td>
<td>9-5</td>
<td>$400</td>
<td>21</td>
<td>Kelly Lott</td>
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Offering Day & Evening CEU’s Quarterly in: Chair Massage (24), Reflexology (24), Licensing Exam Review (16), & Ethics (3)

Visit [www.gwinnettcollege.edu](http://www.gwinnettcollege.edu) for CEU classes offered online and in Georgia.
Strengthen Your Therapeutic Skills with Energywork!

Introductory and continuing education courses in energy healing and manual therapies. Classes are small, intimate and spiritually focused. Participants enjoy a personally enriching experience while learning new skills. PRIVATE INSTRUCTION IS AVAILABLE.

<table>
<thead>
<tr>
<th>Course</th>
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<th>Cost</th>
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<tr>
<td>First Degree Reiki</td>
<td>10</td>
<td>$195</td>
<td>Aug 2-8, 15, Nov 16-18, Dec 8-9</td>
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<td>Second Degree Reiki</td>
<td>10</td>
<td>$295</td>
<td>July 14-15, Oct 27-28, Jan 17-24, 31*</td>
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<td>Deepening with Reiki</td>
<td>4</td>
<td>$80</td>
<td>July 22*, Nov 3* (prerequisite 2nd°)</td>
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<td>Ethics: Safety and Awareness</td>
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<td>Oct 25</td>
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<tr>
<td>Ethics – A Chakra Approach</td>
<td>3</td>
<td>$50</td>
<td>Sept 6</td>
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<tr>
<td>Currents and Principals in Polarity Therapy</td>
<td>16</td>
<td>$330</td>
<td>Aug 4-5</td>
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<td>Sacred Space of the Heart</td>
<td>12</td>
<td>$260</td>
<td>September 15-16</td>
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<tr>
<td>Soul Integration</td>
<td>12</td>
<td>$240</td>
<td>Oct 13-14</td>
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<tr>
<td>Balancing &amp; Clearing the Chakras</td>
<td>16</td>
<td>$330</td>
<td>Jan 12-13, 2013</td>
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</tbody>
</table>

More classes are available. For more information, visit [www.lotusblossomwellness.com](http://www.lotusblossomwellness.com).

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**Hands on Health**

**Massage with warm bamboo for a luxurious, versatile treatment**

Tools w/DVD included in tuition!

Instructor: Ivy Jo Staton, LMBT #3870
NCBTMB Approved Provider #450427-07/ FL#50-8549

2-Day Seminar/16 CEs/$399:
Durham, NC classes

For more info please call (919)475-1130 or visit [www.fuzionmassage.com](http://www.fuzionmassage.com)

---

**Bodywork Therapy Seminars**

Visit our website for more course listings, descriptions, and e-news: [www.BodyworkTherapySeminars.com](http://www.BodyworkTherapySeminars.com)

**About our director:** Laura Landsiedel is creator of Hands On Health’s I-NMT series. She is a certified neuromuscular therapist, group practice clinic owner, and has been practicing and teaching since 1996.

I-NMT places emphasis on combining neuromuscular technique with myofascial components, piecing together how different body regions and their respective pain patterns relate to each other.

Our NCBTMB is #450679-08

---

**To register call 919.510.6655. NCBTMB Approved Provider #450679-08**

Visit our website for more class savings opportunities!
July
July 28: Venus Rising, Prenatal L1
8 CE hrs $150
July 29: Ethics: Healthy Boundaries
3 CE hrs $65
August
August 12-13: Shiatsu
16 CE hrs $295
August 13: Chakra Balancing
3 CE hrs $65
August 14-15: Reiki I
6 CE hrs $125
August 18: Venus Rising, Prenatal L2
8 CE hrs $150
August 20 & 27: Reiki I
6 CE hrs $125**
August 20: Energywork Ethics for LMBTs
3 CE hrs $75**
August 27: Chakra Balancing
3 CE hrs $65**
September
September 3: Chakra Balancing
3 CE hrs $65**
September 16: Ethics: Difficult Conversations
3 CE hrs $75
September 17 & 24: Reiki II
6 CE hrs $125**
September 17 & 24: Reiki II
6 CE hrs $125**
September 22-23: Touch for Health
15 CE hrs
$275 + $30 for book = $305
September 28-30: Reiki Master
12 CE hrs $450
September 29-30: Neuromuscular Therapy, Torso/Pelvis
20 CE hrs $495
October
October 1 & 8 & 15: Reiki Master
12 CE hrs $450**
October 20: Venus Rising, Prenatal L2
8 CE hrs $150
October 21: Ethics Difficult Conversations
3 CE hrs $75
October 22: Deep Abdominal Massage
8 CE hrs $150
October 22: Energywork Ethics for LMBT
15 CE hrs
$275 + $30 for book = $305
October 29-30: Reiki Master
12 CE hrs $450
November
November 3-4: Shiatsu
16 CE hrs $295

Greensboro-Triad
404 State Street, Greensboro, NC (corner of Golden Gate and State)
Now Available: Affordable Online Courses!

www.NCmassageschool.com

<table>
<thead>
<tr>
<th>Month</th>
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<tbody>
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<td>July</td>
<td>Therapeutic Chair Massage</td>
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<td>Geriatric Therapy</td>
<td>14</td>
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<td></td>
<td>Manual Lymphatic Drainage</td>
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<tr>
<td>Sept.</td>
<td>Anita Shannon’s Medi-Cupping Therapy</td>
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<tr>
<td>Sept.</td>
<td>Thai Massage - 3 day intensive</td>
<td>21</td>
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<tr>
<td>Sept.</td>
<td>Practical Magic - Making Aromatherapy Therapeutic Products</td>
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<tr>
<td>Sept.</td>
<td>Therapeutic Chair Massage</td>
<td>6</td>
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<tr>
<td>Oct.</td>
<td>Tools of the Trade</td>
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<tr>
<td>Oct.</td>
<td>Breast Cancer Massage</td>
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<td>Oct.</td>
<td>Traditional Thai Foot Massage</td>
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<tr>
<td>Oct.</td>
<td>Thai Massage - Side-Lying Position</td>
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<tr>
<td>Oct.</td>
<td>Therapeutic Chair Massage</td>
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<tr>
<td>Nov.</td>
<td>Ethics - Dual Relationships</td>
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<tr>
<td>Nov.</td>
<td>Geriatric Therapy</td>
<td>6</td>
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<tr>
<td>Dec.</td>
<td>Ethics - Boundaries</td>
<td>6</td>
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NC Massage School
20525 N. Main Street  Cornelius, NC  28031
704-896-2636
Presenting science-based courses for injury prevention and remediation in Macon, GA.

Instructor Melissa S. Walsh  LMT, NMT
NCBTMB Provider # 451688-11

2012 Calendar
Sports Specific Therapy Continuing Education

July 7-8th, Oct 12-13th - Treating Plantar Fasciitis, Heel Spurs, and Shin Splints, 12 CEU’s, $325

August 3rd-4th - Treating and Evaluating Frozen Shoulder and common Rotator Cuff issues, 12 CEU’s, $325

August 18th, Oct. 5th -Breathwork for creating tangible change on and off the table, 6 hr. CEU- $60

September 1st, Oct 25th - Tips for Injury Prevention on the “Road to Better Health,” 6 CEU’s, $90 class includes an illustrated book.

September 15-16th - Designing and Implementing a Stretching Routine for your Clients and Patients, 12 CEU’s, $199

www.thezenden.info  (478) 960-6367
3260 Vineville Ave, Macon, Ga. 31204
zenclasses@gmail.com

The Zen Den

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Indian Champissage™ (HEAD MASSAGE) and Kansa Vatki Foot Massage™ are ancient treatments steeped in centuries of Ayurvedic ceremony. These unique therapies combine physical and subtle massage with energy balancing to produce feelings of perfect peace. Indian Champissage™ is a wonderful alternative to seated chair massage, and Kansa Vatki Foot massage™ is a refreshing addition to reflexology and other bodywork.

Instructor: M. Susan Walsh, CMT, NCTMB, LCIC
NCBTMB Approved Provider #450489-07
Florida Provider #50-10661
Champissage 21 CE hrs/$395  KV 7 CE hrs/$195

Indian Champissage™ K

MORGANTOWN WV JUN 16-18 JUN 19
HOT SPRINGS AR AUG 11-13 AUG 14
GREENVILLE SC SEP 8-10 SEP 11
SPokane WA SEP 29-OCT 1 OCT 2
CHERRY HILL NJ OCT 20-22 OCT 23
SACRAMENTO CA NOV 3-5 NOV 6
AUSTIN TX NOV 16-18 NOV 19
METRO DC (BURKE) NOV 30-DEC 2 DEC 3
METRO DC (BURKE) JAN 18-20 JAN 21
METRO DC (BURKE) FEB 15-17 FEB 18

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Toni Stevens
919-698-3150
heal@ToniStevens.com
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Caroline StahrSchmidt, RYT
Lia Pardy, LMBT #4318
Catherine Scantlin, LPC, RYT
Emily Sansbury, PT, MA
Diana Stone, PhD

Schedule
WINTER/SPRING 2013 CLASSES
Mondays & Tuesdays 8am-noon and 1-5pm

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<tr>
<th>Date</th>
<th>Option One</th>
<th>Option Two</th>
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<tr>
<td>January 14-15</td>
<td>Lymphatic Massage</td>
<td>Thai Massage Essentials</td>
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<tr>
<td>February 25-26</td>
<td>Fundamentals of CranioSacral Therapy</td>
<td>Heart-Based Practice</td>
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<tr>
<td>March 18-19</td>
<td>Body Centering through Somatic Repatterning</td>
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<td>Thai Foot Reflexology</td>
<td>Fundamentals of CranioSacral Therapy</td>
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*Each class is 16 CE

Cost per Student (based on a 2-day session): $224
Receive 10% off tuition with a two-night stay at Chetola Resort

Two-Day Sessions Include: Seminar instruction, hands-on workshop training, certificate of completion, wellness-minded breakfast and lunch each day, and one-hour yoga class each day

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www.chetola.com

Continuing Education Provider NCBTMB
#451468-10 and #451577-11
# 2012 Workshop Schedule:

Retreats created for Massage and Body Workers, Nurses, Doulas, Midwives, Childbirth educators, Health Care Providers

<table>
<thead>
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<th>Workshop Title</th>
<th>CE Hours</th>
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<td>Aug 3rd, 4th</td>
<td>Perinatal &amp; Infant Massage Techniques</td>
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<td>Aug 6th</td>
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<td>Aug 31st</td>
<td>Facial Massage Techniques</td>
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<td>Sept 1st</td>
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<td>Oct 26</td>
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<tr>
<td>Nov 2nd</td>
<td>Facial Massage Techniques</td>
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<tr>
<td>Nov 30th &amp; Dec 1st</td>
<td>Perinatal &amp; Infant Massage Techniques</td>
<td>16</td>
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<tr>
<td>Dec 2nd</td>
<td>Spa Ingredients &amp; Applications</td>
<td>8</td>
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$125.00 One 8 CE’s (8 CE’s)
$225.00 Two 8 CE’s classes (16 CE’s)
$325.00 Three 8 CE’s classes (24 CE’s)
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21 Barefoot Basics; Durham, NC; 25CE; p.9
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The Center for Massage Therapy CE is approved by the NCBTMB (#409296-00) and the boards of FL, LA, NE, MS. Courses are accepted by the AMTA, ABMP and most state boards. *15% off offer expires November 1, 2012.

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14-Jul Bellanina Facellit Massage; Waynesville; , NC; 24CE; p.9
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Massage Envy

These Continuing Education Classes are FREE for Massage Envy Therapists*

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*Therapist must remain employed with Massage Envy for 6 months following the class. All classes are taught by NCATE/ME approved providers. ©2012 Massage Envy Franchising, LLC.